

# Directory of Services for Schools and Families

# 2024/2025





Muscat, Oman



# About the Directory

It is an ongoing pleasure to produce this - the 9<sup>th</sup> Edition- of the schools and services directory. Families, colleagues in education, health and social care as well as a wide range of professionals in private practices have continued to support its development over the years since the first edition, which was produced in 2014.

Please note that the information in the directory has been obtained either directly from the services or from information available publicly on their websites or leaflets.

The aim of the directory is to be an informative resource for schools, parents/ families and other professionals. It is not intended as an endorsement of any of the services or facilities listed. We continue to add and to amend the content, however, it is not a comprehensive list of services in the country – only of some in the Muscat area and some surrounding areas. We have also included some services that are available in the GCC region.

It will continue to be an online directory in order to support our environmental initiatives.

Please contact me via e-mail at <u>nsinspire@gmail.com</u> to add your service in the next edition of the directory or if there are any amendments you would like to make to the existing information about your service.

We extend our thanks to our colleagues in different services and to the many families who have helped us by letting us know what information would be useful to them.

We hope that you find the directory to be a useful and informative starting point for your queries.

Regards, Nadia Sultan, Educational Psychologist - Inspire Educational Consultancy Website: <u>www.nsinspire.com</u>

Sarah Al-Maawali, Advisory Inclusion Teacher - Inspire Educational Consultancy Instagram: @learningwithmssarah

Rutuja Tipnis, Trainee Educational Psychologist tipnisrutuja@gmail.com

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# Medical Services: Hospitals & Clinics

# Royal Hospital\*

Location: Bosher, Opposite of Sultan Qaboos Complex, Muscat. Tel: +968 24599000 / +968 24594460 WhatsApp: +968 90669066 Fax: +968 24594460 Email: dgroyal@omantel.net.om Website: www.royalhospital.med.om

# Sultan Qaboos University Hospital\*

Location: Al-Khoudh, Muscat. Tel: +968 24147777 / +968 24144625 (Patient Services) Email: <u>squh@squ.edu.om</u> Website: <u>www.squ.edu.om/squh/</u>

# Khoula Hospital (National Trauma Centre)\*

Khoula Hospital was established in 1974. It was the first surgical Hospital in the Sultanate of Oman. Location: Al Fahal St, Al-Wattayah, Muscat. Tel: +968 22501000 Emergency: +968 22503625 Email: <u>khoula-hos@moh.gov.om</u> Website: www.moh.gov.om/en/web/khoula-hospital

# <u>Al Nahdha Hospital\*</u>

This hospital was opened by His Majesty Sultan Qaboos bin Said on 26th of February, 1972. At the time of opening, the available health services were medical and Eye with the total bed strength of 60.

**Location:** Opposite Hilat Al Sa'ad in Ruwi, Muscat. **Tel:** +968 22503333

Website: www.moh.gov.om/en/web/alnahdha-hospital/









# Al Massara Hospital\*

Al Masarra Hospital is the only tertiary hospital for Psychiatry in the Sultanate of Oman with a bed capacity of (245) beds. The other services rendered at this state of the art hospital are Psychology, Social work, Physiotherapy, Occupational therapy and Speech therapy. **Location:** Al Amerat, Muscat

**Tel:** +968 24873018 / +968 24873017 / +968 24873000 **Whatsapp:** 92141550 **Emergency:** +968 24873268 **Website:** www.moh.gov.om/en/web/almassara-hospital

#### Muscat Private Hospital\*\*

Location: Boushar, Muscat. Tel: +968 25583600/601/602/603/604 Fax: +968 24503550 Email: <u>info@muscatprivatehospital.com</u> Website: <u>www.muscatprivatehospital.com</u>

#### Al Hayat International Hospital\*\*

Location: Ali Shaihani Complex, Al Ghubra Roundabout, Muscat. Tel: +968 22004000 Mob: +968 9797 1672/ +968 95094944 WhatsApp: +968 95094944 Emergency: +968 22004001 Email: <u>patientcarecoordinator@alhayatclinic.com</u> Website: www.alhayathospital.com

#### Aster Al Raffah Hospital\*\*

Location: Al Ghubra Roundabout, Muscat. Tel: +968 24618900/901/902/903/904 Fax: +968 24497210 Email: <u>muscat@asterhospital.com</u> Website: <u>www.aster.om</u>









#### NMC Healthcare\*\*

Location: NMC Specialty Hospital, Ghubrah, Muscat. Tel: +968-2450-4000 Fax: +968-2450-1101 Email: <u>nmc.ghoubra@nmcoman.com</u>



Location: NMC Medical Centre, Seeb Tel: +968-2442-3894 Fax: +968-2481-1812 Email: nmc.seeb@nmcoman.com

Location: NMC Specialty Hospital, Al Hail Tel: +968-2426-9222 Fax: +968-2426-9288 Email: <u>nmc.hail@nmcoman.com</u> Website: <u>www.nmcoman.com</u>

Abeer Hospital Muscat\*\* Location: Ruwi, Muscat Tel: +968 24770800 Website: www.abeergroup.com

Oman International Hospital\*\* Location: Al Dhayafa St, Ghubrah, Muscat. Tel: +968 92292937 Email: <u>marketing@omanihospital.com</u> Website: <u>www.omaninternationalhospital.com</u>

Badr Al Samaa Hospitals\*\* Email: wecare@badralsamaahospitals.com Website: www.badralsamaahospitals.com

Location: Badr Al Samaa Hospital, Ruwi Tel: +968 24799760 / +968 93932255 Website: https://ruwi.badralsamaahospitals.com







Location: Badr Al Samaa Hospital, Al Khoud Tel: +968 91442161 / +968 24546099 Website: https://al-khoud.badralsamaahospitals.com

Location: Badr Al Samaa Medical Centre, Al Khuwair Tel: +968 9967 6589 Website: https://al-khuwair.badralsamaahospitals.com

Location: Badr Al Samaa Medical Centre, Mabella Tel: +968 22 826381 Website: <u>https://mabella.badralsamaahospitals.com</u>

Kims Health Hospital\*\*Location: Ruwi Street, Darsait, Muscat.Tel: +968 24760100/200/300Emergency: +968 24760123WhatsApp : +968 71572000Fax: +968 2479 1747Email: support@kimshealth.om / helpdesk@kimshealth.omWebsite: www.kimshealth.om

Burjeel Hospital\*\* Location: Way No 3521, Al Khuwair Tel: +968 24 399777 (Hotline) Fax: +968 24 399777 E-mail: customer.care@burjeel.com Website: www.burjeelhospitaloman.com/bh-oman







#### Apollo Hospitals\*\*

Location : Hamriya, Muscat Tel : +968 24787766 /24782666 /24787780 Fax : +968 24700093 Email : info@apollomuscat.com Website: www.apollohospitalmuscat.com Instagram: @apollomuscat

#### Magrabi Eye & Ear Hospital\*\*

Location: Al-Rumaila Building-10, Al Nahda St, Muscat. Tel: +968 24568870 Mob: +968 95740408 Email: <u>magrabi@omantel.net.om</u>

#### Al-Sana Specialized Eye Center\*\*

Al- Sanaa Eye Specialist Center provides its clients with multiple services to treat a wide range of eye diseases using modern technologies in different ophthalmology specialties, such as general ophthalmology, anterior

chamber diseases, paediatric ophthalmology, retinal diseases, vitreous and strabismus in adults and children, in addition to electrophysiology examinations. **Location:** Al Mawaleh South, Muscat.

Tel: +968 24074921 Mob: +968 92571060 WhatsApp +968 92571060 Email: contact@alsanaeyecenter.com Website: www.alsanaeyecenter.com Instagram: @alsana.eye.center

#### Child Dental Centre\*\*

Location: 3024 Way, Bowsher, Muscat. Tel: +968 24696622 Mob: +968 92828289/ 93233100 Fax: +968 24699908 Email: childdentalcentreoman@gmail.com Instagram: @childentalcentre











AdvENT\*\* Location: Villa 1057, Way 3015, Al Kharjiyah St, Shatti Al Qurum, Muscat. Tel: +968 24699793 Mobile +968 91411653 Website: www.adventclic.care

# Sobeh's Medical Center\*\*

Location: Second Floor, The Walk, Al Mouj, Muscat **Tel:** +968 2454 5137 / 2427 2403 Email: info@sobehmc.com Website: www.sobehmc.com

#### Invocure\*\*

Invocure is a comprehensive healthcare service firm led by a superior team of doctors and healthcare professionals with decades of experience between them. Location: Al Khuwair, Muscat.

Tel: +968 22 850724 Mob: +968 95479028 (WhatsApp Available) Email: info@invocurehealth.com Website: www.invocurehealth.com

#### MEDIDENT \*\*

Location: 201A Second Floor, Salam Square South, Dawat medident Al Adab Street, Madinat Al Sultan Qaboos, Muscat Tel: +968 22008080 Fax: +968 22060860 Email: info@medidentoman.com Website: www.medidentoman.com

#### Pearl Dental Specialty Center\*\*

Location: Unit 39, 2<sup>nd</sup> Floor, Al Argan Bldg, Al Qurum, Muscat **Tel:** +968 24567893 **Mob:** +968 96115107 Email: pearldsc@hotmail.com Website: www.pearldentaloman.weebly.com









Sobeh's ledical Center

مركز صبح الطب



# Harub Dental Surgery\*\*

Harub Dental Surgery is the first private practice in Oman. It was established in 1977. HDS is the largest dental practice in Oman accommodating 8 dental units utilizing the most advance technology in the Middle East and rivaling any top class surgeries



in the world. Each surgery respectively accounts for the vast specialities we ensue. **Website:** <u>www.harubdental.com</u>

Location : Shatti Al Qurum, Way No 2830, Bldg 2572 (Shatti Branch) Tel: +968 24950444 Mob: +968 72272525 Email: <u>shattibranch@harubdental.com</u>

Location: Qurum, Way No 1826, Bldg 1805 (Qurum Branch) Tel: +968 24564885 Mob: +968 92993128 Email: <u>qurumbranch@harubdental.com</u>

Location: Mawaleh, Mazoun Street, Bldg no.4492 B (Mawaleh Branch) Tel: +968 24284777 Mob: +968 72317333 Email: <u>mawaleh@harubdental.com</u>

Oxy Clinic Arab Experience Medical Center\*\*

Location: Al Khuwair, Building 2743, Way 4146, Muscat. Tel: +968 24480728 Fax: +968 24487848 Mob: +968 94242041 Email: <u>info@oxyclinicmct.com</u> Website: <u>www.oxyclinicmct.net</u>



TOP MEDICAL CARE

(The Psychology Clinic)

#### Top Medical Care\*\*:

A medical complex that offers psychiatric and psychological medical services and integrative

medicine services. We provide counselling, talking therapies, psychiatric medication, etc.to address various mental health issues such as depression, anxiety, psychotic disorder, speech and communication disorders, to name a few examples.

Location: Building number 276, Block Number 353, Way Number 53, First floor, Al Khoudh, Seeb, Muscat Tel: +968 24511010 Mob: +968 95828250 (WhatsApp available) / +968 99174762 Email: topmedics@hotmail.com Website: www.topmedicsmuscat.com Instagram: @dr.azizalnaamani

#### HKC+ Kids & Family \*\*

**Tel:** +968 24699750 **Mob:** +968 96545535

Instagram: <u>@hkcplus</u>

HKC+ is the first Omani specialized paediatric clinic in the Sultanate of Oman. We provide health care for children and pay attention to growth and development, preventive care and constant and continuous counselling for parents.



\* Governed by Ministry of Health

Location: Shatti Al Qurum, Muscat.

E-mail : <u>clinichappykid@gmail.com</u> Website : <u>www.happykidclinic.com</u>

\*\* Private Hospital/Clinic

# Nurseries & Daycare Services

#### **Bright Beginnings Nursery**

Bright Beginnings is an international nursery for children 18 months and older. Although it is based on the education ideas of Dr. Maria Montessori, we use other teaching methods and materials to add variety and scope to imaginative play. We provide interesting and stimulating



materials for children to develop in a calm and caring environment. Location: Villa No 61, Way Number 1737, Al Nadhayer St, Madinat Qaboos, Muscat.

**Tel:** +968 24699387

Mob: +968 9266 2348

**Email:** info@bbnursery.com / admissions@bbnursery.com Website: www.bbnursery.com

#### **Kids World Nursery**

Opened in January 2011, Kids World is specially designed and dedicated to providing a secure, stimulating and caring environment for pre-school children aged 14 months (and walking) up to 5 years. Kids World follows the British Curriculum and Montessori principles.



Location: Way No. 897, Villa No. 9411A, Opposite Al Mouj/The Wave, Al Mawaleh North, Muscat

**Tel:** +968 99254455

Email: info@kidsworldoman.com Website: www.kidsworldoman.com

#### Al Menez Nursery

Location: Villa 4620, Way No 2946, Al Hail South, Muscat (Al Hail Branch) Omantel HQ Building, Madinat Al Irfan, Muscat (Madinat Al Irfan Branch) **Tel:** +968 9926 9955 (Al Hail Branch) +968 91919462 (Madinat Al Irfan Branch) Email: almeneznursery@gmail.com Website: www.almeneznursery.com

**Instagram:** @almeneznursery



# Al Shumus Nursery

Al-Shumus Nursery was established in Muscat on February 1993. It is unique and premier as one of the foremost Omani Private Nurseries to be owned and run by highly qualified Omanis. Al-

Shumus always put the child first. We are interested in the whole child in all vital areas of development – physical, social, emotional and intellectual. We approach child development as a holistic process and the child's needs as interrelated.

**Tel:** +968 24561871 Fax: +968 24561871 **Mob:** +968 99341892 & +968 92588358 **Email:** shamsa@alshumus.com / alshumusnursery@gmail.com Website: www.alshumusnursery.com

# American Lyceum International Nursery

American Lyceum International Nursery will provide a stimulating and safe environment for children ages 0.6 months to 3 years. We seek to stimulate and develop children's problem-solving and reactive thinking skills through staff and child directed activities in our daily actions. **Location:** Way 4804, Villa 283, Opp Pizza hut near well roundabout Azaiba North, Muscat (Azaiba branch) Way 3781, Block 237, Villa 2962, Opp Royal Hospital, Ghubra South. Muscat (Ghubra branch) **Mob:** +968-90856281 /+968-97001942 (Azaiba branch) +968-90856281 /+968-97001941 (Ghubra branch) Email: muscat@americanlyceum.com Website: <a href="http://www.lyceumgroupofschools.com/muscat/nursery">www.lyceumgroupofschools.com/muscat/nursery</a> **Instagram:** @americanlyceumnursery

Al Zain Nursery

Curriculum - British Early Years Foundation stage (EYFS) programme Location: 207 Al Inshirah St, Muscat, Oman Tel: +968 96266443 / 92888284 / 98027373 Email: info@alzainnurseries.com Website: www.alzainnurseries.com **Instagram:** @alzainnurseries







# **Creative Initiative Montessori**

CIM Nursery offers a unique daycare and Montessori based pre-school experience for children aged 3 months to 4 years. We are committed to providing parents with the best start and care for their children. We utilize a theme based curriculum customized for CIM and also incorporate Montessori practical activities for all age



groups. We believe this approach reflects the needs of parents and the students who attend CIM whilst instilling the value of learning. Our goal is to take every opportunity to inspire our little students through a creative and healthy balance of teacher-guided and student-guided activities.

Location: Way 6303, Villa 401a, Ghala, Bawshar, Muscat Tel: +968 24595652 Mob: +968 91362300 Email: info@cimnursery.com Website: www.cimnursery.com Instagram: @cimnursery

### Al Shomoukh Early Childhood Education and Daycare

Al Shomoukh Early Childhood Education & Daycare is a place where families feel confident that their



children are getting adequate child care to foster the development of the whole child. Inspired by the Reggio Emilia's approach, Al Shomoukh Nursery accommodates children from 1 year of age up to 4 year olds, where teachers base their lessons on child's needs and interests.

Website: www.shomoukh.com

#### SHATTI AL QURUM BRANCH

Location: Al Saruj St, Way No 3046, Bldg No355, Shatti Al Qurum Tel: +968 24600610 / +968 24600886 Email: <u>info.alqurum@shomoukh.com</u> Instagram: <u>@shomoukhnursery.alqurum</u>

# AL MOUJ BRANCH

Location: Al Mouj Main Street, Main Community Hub, Al Mouj. Tel: +96824555515 Email: <u>info.almouj@shomoukh.com</u> Instagram: <u>@shomoukhnursery.almouj</u>

### Little Learners Preschool

A Bilingual (Arabic/English) Education for children of 3 years and two months to 5 years and two months of age, with an environment in which the child develops a positive attitude towards learning, independence and respect for the rights of others. Location: Madinat Sultan Qaboos, Muscat Mob: +968 93900114 / +968 91212957 Office: +968 24600660 (Nursery) Office: +968 2490119 (KG1 & KG 2) E-mail: preschool@littlelearners.edu.om Website: www.littlelearners.edu.om Instagram: @littlelearners.om

### **Chapter One Child Care**

Chapter One provides you the parent and your child the best in quality childcare. Based in Shatti al Qurum, under the umbrella of Ministry of Education, we give your child the opportunity to experience and enjoy the world around them. We believe in learning through play and aim to teach our children through valuable and unforgettable experiences.

Location : Villa 4045 (Muscat Nursery)/4047 (Muscat Kindergarten) Way 3050, Shatti Al Qurum, Muscat Telephone : +968 7117 7530 Email: <u>muscat.sq@chapteronechildcare.com</u>

Website: www.chapteroneoman.com

Instagram: <u>@chapterone\_oman</u>

#### Abu Adnan Nursery

International nursery school following the early year's curriculum for 25 years in Muscat. Learning and expanding knowledge through play and discovery. Location: Opposite the bottom car park of the British School Muscat, Madinat Qaboos Tel: +968 988 64585 Email: <u>abu.a.nursery@gmail.com</u> Instagram: @abuadnannursery







#### **Orange Tree Children's Nursery**

Orange Tree Children's Nursery is a full-day preschool/ kindergarten/nursery that welcomes children of all backgrounds and nationalities from six months to five years of age. One of the first preschool in the country to follow the International Preschool Curriculum (IPC), the leading early childhood education provider.

Location: Villa 1079, Way 3013, As Sarooj, Muscat Tel: +968 24691513 Mob: +968 98202207 Email: <u>info@orangetreenursery.com</u> Website: <u>www.orangetreenursery.com</u> Instagram: <u>@orangetreenurseryoman</u>

### Laugh N' Learn Nursery

Location: The View Tower, Al Mouj Street, Muscat Mob: +968 92603404 Email: <u>info@laughnlearnoman.com</u> Website: <u>www.laughnlearnoman.com</u> Instagram: <u>@laughnlearnom</u>

#### **Apple Green Nursery**

Location: Road No. 4636, Bldg No. 2123, North Al-Athaiba, Muscat. Tel: +968 24138800 Email: <u>info@applegreenschool.com</u> Website: <u>www.applegreenschool.com</u>

#### **Little Explorers Nursery**

We accept children from 3 months up to 4 years old. Early & late care program available. Location: Way 1961, Villa 4666, Mawaleh South, Muscat, Oman Mob:+968 71984855 (WhatsApp available) Tel: +968 24545470 Email: admin@littleexplorersoman.com Website: www.littleexplorersoman.com Instagram: @littleexplorersnursery









#### Little Fingers Nursery

Location: 18<sup>th</sup> Nov Street, Behind Shell Station, Azaiba Tel: +968 22326719 Mob: +968 97790288 Instagram: <u>@lfn\_muscat</u>



#### ABQ Explorer

ABQ Explorer follows the International Early Years Curriculum (IEYC) Age Group: 18 months to 4-year-olds Location: 2nd Floor, Office No. 23, Bait Al Reem Building, Way No. 3409, Thaqafa Street, Al Khuwair St, Muscat Tel: +968 24965800 Email: info@abq.edu.om Website: www.abq.edu.om/abq-explorer/ Instagram: @abqexploreroman



#### **ABQ Explorer MQ**

Tel: +968 24210299 Mob: +968 91450212 / +968 91733961 Website: <u>www.abq.edu.om/abq-explorer/schools/abq-explorer-mq/</u>

#### **ABQ Explorer Seeb**

Tel: +968 24284888 Mob: +968 98262599 Website: www.abq.edu.om/abq-explorer/schools/abq-explorer-seeb/

ABQ Explorer Muscat Hills

Tel: +968 24284888 Mob: +968 98262599 Website: www.abq.edu.om/abq-explorer/schools/abq-explorer-muscat-hills/

ABQ Explorer Sohar Tel: +968 26648800 Mob: +968 72221960 Website: www.abq.edu.om/abq-explorer/schools/abq-explorer-sohar/

# Montessori Oman

Montessori Oman is a private bilingual pre-school for children aged 2-5.5 years. Nursery and Kindergarten Omano Location: Way No. 2414, Bldg. No. 1045, Al Qurum Heights, Muscat **Tel:** +968 24560096 Mob: +968 95479538 Email: info@montessorioman.com Website: www.montessorioman.com Instagram: @montessorioman

#### **Rising Stars Nursery**

We provide early childhood education and daycare for toddlers between the ages of 50 days and 4 years. At Rising Stars Nursery, the learning process is delivered in three languages; Arabic, English and French. Extracurricular activities involve educational trips in collaboration with different educational and cultural institutions in Muscat.

Location: Villa 1463, Way 4823, Al Azaiba, Muscat, Oman **Tel:** +968 2412 7513 **Mob:** +968 9323 0493 Email: info@risingstarsmct.com Website: www.risingstarsmct.com Instagram: @risingstarsmct

# **TLC Nursery**

At TLC we offer programmes for children aged from 18 months to 4 years old that recognise the importance of learning through active exploration. All learning interventions encourage and inspire action and input from learners using play, storytelling, physical education, simulation, dance, music, games, art and craft. Location: Way 4627, Building 1619, Azaibah Muscat, Sultanate of Oman. Tel: + 968 2461 3939 Mob: + 968 9938 1458 Email: info@tlcoman.edu.om Website: www.tlcoman.edu.om/nursery Instagram: @tlcmuscat







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#### Willowbrook Nursery

Willowbrook Nursery is a high quality Early Years nursery offering premium education and top quality childcare facilities for children aged between 4 months – 3.5 years. We are a British managed nursery that follow the EYFS curriculum. Our nursery welcomes children from all nationalities.

Location: Villa No. 3422 and 3422A, Way No. 3044, Shatti Al Qurum, Muscat. Mob: +968 9297 1611 Email: office@willowbrooknursery.org Website: www.willowbrooknursery.org Instagram: @willowbrook\_nursery

#### Maple Bear Nursery School

Our purpose-built early learning center is located in the central area of Bawsher and offers a nursery and pre school program, accepting students from 6 months up to age 6. Our teachers instruct with unique Canadian multilingual immersion methodology in English and Arabic. Location: Bawsher, Muscat Mob: +968 9975 5475 Email: <u>bawshar@maplebeargulfschools.com</u> Website: <u>www.maplebeargulfschools.com/maple-bear-muscat.php</u> Instagram: @maplebearoman\_bawshar

#### **Little Flowers Nurseries**

The nurseries provide value for money service, catering to Asian & Arab communities. Services: Crèche facilities (4 -18 months), nursery (18 – 36 months), reception classes (6 months onwards) and day care facility for all ages. **Tel:** +968 24703317- Ruwi Branch +968 24489020 / +968 96044857 - Al Khuwair Branch **Email:** <u>littleflowersnurseries@yahoo.com</u> **Website:** <u>www.nurseriesofoman.net</u> **Instagram:** @littleflowersnurseries









# Kipinä Nursery School Muscat

Leading international nursery school in English for ages 2 months to 4 years. Play based guided learning, Finnish pedagogy, focused instruction, and 21st century skills **Location:** Villa 1921, Way 3023, Shatti Al Qurum, Muscat. **Mob:** +968 9714 4544 **Email:** oman@kipinakids.com



Website: www.kipinakids.com/kipina-nursery-school-muscat-oman Instagram: @kipina\_oman

# Art of Living Nursery

Pre-school and Daycare Location: Villa No: 3701, Way No: 4032, Near Indian School Al Ghubra, Ghubrah, Muscat, Oman Tel: +968 24494411 / +968 24613130 Mob: +968 90980402 / +968 9909 8215 Instagram: @artoflivingnurseryoman

#### Al Muna Gardens Nursery

Early Childhood Education (ECD) for 1.5 years old – 3.5 years old Location: Bousher Mob: +968 92105373 Email: <u>almunagardensnursery@gmail.com</u> Instagram: @almuna\_gardens\_nursery

# Al Ibdaa Kingdom Nursery

Alibdaa kingdom nursery established in 2023. accepting children from 1 to 3.5 years. Operating hours from 7:15 AM to 2:30 PM. Sunday to Thursday. Location: Bldg 5492, Way 3752, Al Ghobra South, Muscat Tel: +968 24504704 Mob: +969 72222011 Email: admin@alibdaakingdom.com Instagram: @alibdaakingdom

#### Kunooz Nursery

Waldorf curriculum Location: Al Mazoon St, Mawalih South, Muscat, Oman Tel: +968 24284000 Mob: +968 95569559 Email: <u>kunooznursery.om@gmail.com</u> Website: <u>www.kunoozeducation.com</u> Instagram: <u>@kunooz\_om</u>



#### Tulip Nursery

In Tulip Nursery we offer a spacious, tidy, and welcoming environment to support and develop children's play and learning by using a Montessory curriculum. **Location:** Athaiba, opposite Modern School, Muscat, Oman **Mob:** +968 77414717 **Email:** <u>tulipnursery2@gmail.com</u> **Instagram:** <u>@tulipnursery1</u>

#### My Book & Me Nursery

At My Book & Me Nursery, we offer a range of life-skills activities and programs that cater to the six different developmental areas child's growth: Cognitive, Social, Physical, Emotional, Creative Linguistic. Location: North Athaiba, Muscat Mob: +968 92617477 Email: <u>Nursery@learnandinspireoman.com</u> Website: <u>www.learnandinspireoman.com/my-book-me-nursery/</u> Instagram: @mybookandmenursery

#### Grow With Me International Nursery and Day Care

First Australian nursery in Muscat – Early Years Learning Framework (EYLF) Location: Building 2515, Block # 353, Way # 5329, New AlKhoud 6. Mob: +968 99385765 Email: <u>s.chuhedry1@gmail.com</u> Instagram: @growwithme\_oman

# Twinkle Star International Childcare

An IPC International Preschool Location: Al Hail North Mob: +968 99588453 Email: <u>Twinklestar4oman@gmail.com</u> Instagram: <u>@twinklestar\_childcare</u>

Little Stars Nursery Location: South Mawalih Mob: +968 90104415 Email: admin@little-stars-nursery.com Instagram: @little\_stars\_nursery\_2019





#### **Muscat Oasis Nursery and Daycare**

IPC Nursery and Daycare Location: Al Khuwair Branch & Muscat Oasis Residence Branch Mob: +968 98084914 / +968 97144747 / +968 79252215 Email: muscatoasisnursery@gmail.com Instagram: @monursery alkhuwair33 / @monursery oman



#### **Orchid Nursery**

Our Montessori nursery provides a carefully planned, stimulating environment Location: North Al Hail, behind The Village Mob: +968 77411141 Email: orchidnursery1@gmail.com Instagram: @orchid\_nursery1

Daffodils Nursery Location: Al Azaiba, next to Assafwah Private School Mob: +968 93603038 Email: daffodils.oman@gmail.com Instagram: @daffodilsnursery.oman

#### Baby Sky Nursery

Location: Al Ghubrah South, Bousher, Ghala Street, Way 6303, Villa 164A, Muscat, Oman (Behind TAISM) Mob: +968 91218075 Instagram: @babysky.nursery

# Schools

# Schools with International Baccalaureate (IB) curriculum

### **OURPLANET International School**

**OURPLANET** International School Muscat emphasizes sustainability and care for the environment within a OURPI ANFT world-class international education programme. We offer a multi-cultural learning environment that celebrates Oman's unique heritage, while promoting a sustainable future for all. **Curriculum:** International Baccalaureate Age Group: 3-12 years old (KG to Grade 8) Location: Al Inshirah Street, Plot 95, Block 221, Madinat Qaboos, Muscat Tel: +968 2206 0993 **Mob:** +968 96401992 Email: info@ourplanet-muscat.com Website: www.ourplanet-muscat.com Instagram: @ourplanetschool

# **ABA Oman International School**

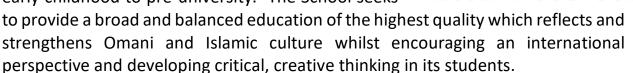
The American-British Academy (ABA), founded in 1987, is one of the premier international schools in the Arabian Gulf region. It is a private, non-profit, co-educational day school that offers a demanding K-12 English-language curriculum to expatriate students in Muscat, the capital of the Sultanate of Oman. **Curriculum:** International Baccalaureate Age Group: 3-18 years old (KG to Grade 12) Location: Madinat Al-Irfan, Muscat. **Tel:** +968 24955801 Email: reception@abaoman.org Website: www.abaoman.org Instagram: @aba oman international school





# The Sultan's School

The Sultan's School is a co-educational school offering a bilingual Arabic-English education from early childhood to pre-university. The School seeks



**Curriculum:** Cambridge, International Baccalaureate

**Grades:** Kindergarten to Year 13

Location: A'Sroor Street, Way No. 3117, Bldg No. 1188, Al Hail South Tel: +968 24536777 Fax: +968 24536997 Email: info@sultansschool.edu.om

Website: www.sultansschool.edu.om

Instagram: @sultansschool

#### **Ellesmere Muscat**

Ellesmere Muscat offers a world-class education from Kindergarten to Grade 12, blending traditional values with 21st-century learning. Through our prestigious IB education, we provide a supportive and enriching environment where your child can both learn and discover their unique potential.

Curriculum: International Baccalaureate Grades: Kindergarten to Grade 12 Location: Al Salam Street, Al Khoudh, Seeb District, Muscat Tel: +968 24554711 / +968 24184015 Mob: +968 9111 2605 (WhatsApp available) Email: admission@ellesmeremuscat.com Website: www.ellesmeremuscat.com Instagram: @ellesmeremuscat

#### **Digital Private School**

Digital Private School (DPS) is a school catering for high-end IB and Digital School curricula. We are implementing the PYP Framework from KG 1 to Grade 6 and the MYP Framework in Grade 7-10. **Curriculum:** International Baccalaureate **Grades:** Kindergarten to Grade 10





Location: Bawsher, Muscat. Tel: +968 24583516 WhatsApp: +968 95503926 Email: <u>info@dps.edu.om</u> Website: <u>www.dps.edu.om</u> Instagram: @digitalprivateschool

# Al Sahwa Schools

Al Sahwa is a bilingual IB World School situated in Muscat, Oman serving the local Omani community, as well as the bilingual expatriate community. Al Sahwa is now a fully authorised IB World School and holds Council of International Schools accreditation. **Curriculum:** International Baccalaureate, Omani **Grades:** Kindergarten to Grade 12 **Location:** Shatti Al Qurum, Muscat **Tel:** +968 2460 7620 **Email:** <u>info@alsahwa.edu.om</u> **Website:** <u>www.alsahwa.edu.om</u> **Instagram:** <u>@alsahwa\_schools</u>

# <u>My School</u>

MySchool aims to develop an Omani learner who believes in the hopes of the homeland, meets the aspirations of the progress and bears in mind the international changes.

Curriculum: International Baccalaureate

Grades: Kindergarten to Grade 12

Location: AL Hail South, Al Seeb, Al Huda Street, Way No 2933, Building No 3344, Muscat.

**Tel:** +968 24555171

Mob: +968 95322595 / +968 95322505

Email: info@myschool.edu.om

Website: www.myschooloman.com

Instagram: @myschool.oman





# Finland Oman School (IB Candidate School)

Finland Oman School is the result of a partnership between <u>Oman Educational Services LLC (OES)</u>, the owner Company of the <u>German University of Technology in Oman (GUtech)</u>, and educational partners from Finland. Finland Oman School builds on experiences and know-how from the Finnish education system, which utilises benchmarked research-based pedagogy and innovative approaches to teaching and learning.

Location: Muscat Southern Expressway, German University of Technology in Oman (GUtech), Muscat. Tel: +968 94777197 Email: admissions@fos.edu.om

Website: www.fos.edu.om

Instagram: @finlandomanschool

# Other Private/International Schools

### **Teaching & Learning Communities (TLC) International School**

Teaching and Learning Communities LLC (TLC) is an organisation that seeks to reflect the multi-cultural society of the Sultanate of Oman and to foster and support respect for and understanding of differing perceptions, perspectives and beliefs. **Curriculum:** British **Grades:** Pre-school to Grade 7 (1-12 years old) **Location:** Way 4494 , Building 1619, Azaibah, Muscat **Tel:** +968 24613939 **Mob:** +968 99381458 **Email:** <u>info@tlcoman.com</u> **Website:** <u>www.tlcoman.edu.om</u> **Instagram:** <u>@tlcmuscat</u>





# **Royal Flight School**

A Non-profit coeducational international school in Muscat, offering the English National Curriculum from Pre-school to Year 6. **Curriculum:** British **Grades:** Pre-school to Year 6 **Location:** Seeb/Airport Heights, Muscat. **Tel:** +968 24253660 / +968 24522666 **Email:** <u>office@royalflightschool.org</u> / <u>info@royalflightschool.org</u> **Website:** www.royalflightschool.org

### Knowledge Gate International School (KGIS)

Knowledge Gate International School is an international school offering education from Kindergarten to A Level. Our staff is made up of well-qualified international teachers from a wide range of countries across the globe.

Curriculum: British, Omani Grades: Kindergarten to Grade 12 Location: Al Marafah Road, Way 2947, Al Hail Muscat. Tel: +968 24073500 Email: <u>info@kgis-edu.com</u> Website: <u>www.kgis.edu.om</u> Instagram: @kgisinspired

# The American International School Muscat (TAISM)

The American International School Muscat (TAISM) pursues academic excellence for students in the international community through an American-based education that develops ethical, responsible, and globally conscious life-long learners.

Curriculum: American Age Group: 3-18 years old Location: Ghala, Muscat. Tel: +968 24595180 Fax: +968 24503815 Email: taism@omantel.net.om Website: www.taism.com Instagram: @taism\_school







# Al Ghars International School

Ghars International School is the brainchild of two academician that have worked with children for over 20 years. Mrs. Muna Burhama and Dr.Talla Al-Deehani, who wanted to bring the best in education from England to Oman. **Curriculum:** British

Curriculum: British Grades: Kindergarten to Grade 10 Location: Block 136, Way 3303, Bldg No. 171, Al Khoudh, Muscat. Tel: +968 24543971 Mob: +968 9171 7691 (WhatsApp available) Email: info@gis.edu.om Website: www.gis.edu.om Instagram: @gharsoman

### The British School Muscat (BSM)

Established in 1971, BSM is one of the leading schools in the Middle East. It is a non-profit making, non-selective, co-educational, British international school that provides a comprehensive and well-balanced education to children of wide ranging abilities and nationalities aged 3-18 years old. **Curriculum:** British **Age Group:** 3-18 years old

#### MADINAT AL SULTAN QABOOS BRANCH:

Location: Madinat Al-Qaboos, Muscat. Tel: +968 24600842 Email: <u>admin@britishschoolmuscat.com</u> Website: <u>www.britishschoolmuscat.com</u> Instagram: <u>@bsmuscat</u>

#### SALALAH BRANCH:

Location: Al Rakha Street, Way 33023, Building 44, Dhahriz, Salalah. Tel: +968 23235242 WhatsApp: +968 79306983 Website: <u>www.britishschoolsalalah.com</u> Instagram: <u>@BSSalalah</u>





# Al Shomoukh International School (SIS)

Al Shomoukh International School (SIS) is a new KG to Grade 12 global school in Muscat. Our plan is for the school to offer International Baccalaureate programs and to become an

International Baccalaureate Global School. At senior levels, i.e. Year 10 onwards, the school will offer and prepare

students for UK and US examinations including IGCSE, A Level and

SATS. The school will ensure that all local Omani curriculum requirements are met to obtain an Omani Graduation Certification.

Curriculum: British

**Grades:** Kindergarten to Grade 12

Location: Road 106, Way 208, Bldg 323, Hay Al Hail, Al Jadeed Al Hail South, Muscat.

**Tel:** +968 24284756 / +968 24284771

**Mob:** +968 96523508

Email: info@alshomoukh.com / admission@alshomoukh.com

Website: <u>www.alshomoukh.com</u>

Instagram: @alshomoukhschool

# **Azzan Bin Qais International School**

Aims to provide a caring environment which fosters the educational, physical, social and cultural development of all students, giving them a global outlook and allowing

them to achieve their maximum potential at an International level.

Location: Madinat Al Sultan Qaboos, Muscat.

**Tel:** +968 24210200

Fax: +968 24503085

Email: info@abqazzan.edu.om

Website: <u>www.abq.edu.om/azzan-bin-qais-international-school</u> Instagram: <u>@abqazzanbinqais</u>

# Seeb International School

At Seeb international school our aspirations are high for all our students. We are not just looking at K-12 education as an end in itself as our sights are way beyond this. Our students are not only taught core

academic knowledge but also learn essential 21st Century skills which is a powerful combination needed to realize their potential in a fast-changing world.







Location: Al Khoudh, Muscat. Tel: +968 24284800 / +968 24284888 Email: <u>info@abqseeb.edu.om</u> Website: <u>www.abq.edu.om/seeb-international-school</u>

# Sohar International School

The Sohar International School (SIS) is a private, coeducational day school. We currently have 945 students enrolled from our Kindergarten One class (3 years of age) to Year 12 (16 years of age). We are

uniquely placed to cater for not only the local market but also International students. We have shown tremendous growth over the last year and we are delighted to accept this challenge to take SIS to the next level.

Location: Sohar, Al Batinah Region.

Tel: +968 26648800 Email: info@abgsohar.edu.om

Website: @abqsohar

# **ABQ AI Imtiaz Private School**

Al Imtiaz is an innovative and affordable bilingual school offering KG to Grade 4 in the first year and will grow into a complete K-12 offering in the coming year.

Location: Bowshar Street, Bowshar, Muscat Tel: +968 22641400 Mob: +968 71463344 Email: <u>info@alimtiaz.edu.om</u> Website: <u>www.abq.edu.om/al-imtiaz</u> Instagram: @abgalimtiaz

# International School of Oman (ISO)

The International School of Oman was established by EDUGATES<sup>®</sup> International in September 2008. Initially KG to Grade 7, the school will offer classes through to Grade 12 from the 2013-2014 academic year. **Location:** Al Maha Street, Bausher, Way No. 257, Building No 1/21, Muscat, Oman **Tel:** +968 22455400







Mob: +968 94137957 Email: <u>officemanager@isooman.com</u> Instagram: <u>@internationalschoolofoman</u> Facebook: https://www.facebook.com/International.School.of.Oman/

# Finland Oman School

Finland Oman School is the result of a partnership between <u>Oman Educational Services LLC (OES)</u>, the owner Company of the <u>German University of Technology in Oman (GUtech)</u>, and educational partners from Finland. Finland Oman School builds on experiences and know-how from the Finnish education system, which utilises benchmarked research-based pedagogy and innovative approaches to teaching and learning.

**Location:** Muscat Southern Expressway, German University of Technology in Oman (GUtech), Muscat.

Tel: +968 94777197 Email: <u>admissions@fos.edu.om</u> Website: <u>www.fos.edu.om</u> Instagram: @finlandomanschool

# United Private School

Our Curriculum at United Private Schools is made up of English and Arabic medium elements integrated into a single programme. We maintain a balance of these elements in every school day to ensure children learn in a completely bilingual system. **Location:** Al Khoud & Bousher

Tel: +968 24551288 Al Khoud Branch Tel: +968 9419 4255 / 91222240/ 9419 4251 Bousher Branch Tel: +968 9767 7569 / 9767 7562/ 9296 1198 Email: <u>info@myeduzone.org</u> Website: <u>www.upsschools.edu.om</u> Instagram: @upsschools\_om





# **Apple Green Private School**

Apple Green Private School is established in 2009 with the aim of providing bilingual quality education to young learners aged 2 to 6 years meeting the requirements of the Ministry of Education and international standards focusing on the Early Years Foundation Stage Programme.

Tel: +968 24138800 Email: <u>info@applegreenschool.com</u> Website: <u>www.applegreenschool.com</u> Instagram: @applegreenschool

### **Qurum International Private School**

The school was founded in 1983 as a private, co-educational, monolingual and afterwards a bilingual school with classes from Kindergarten to Grade 12. Location: Al Shati St- Qurum, Way 2243, Block 222, Muscat Tel: +968 24562201 / +968 24568758 WhatsApp: +968 91717634 Email: info@qps.edu.om Website: www.qps.edu.om Instagram: @qps.school.om

# Al Maha Private School (AMPS)

Al Maha Private School (AMPS) is a brand new British curriculum school located in Madinat Qaboos opening in September 2018. We welcome both expatriate and Omani children from the ages of 3 to 9. Location: Villa #2879, Way 2333,Madinat Qaboos, Muscat. Tel: +968 24950422 Mob: +968 9788450 Email: info@almaha.edu.om Website: www.almaha.edu.om

Instagram: @almahaprivateschool







# The International School of Choueifat (ISC)

ISC - Muscat will be recognized as a provider of topquality education to a highly diverse student body. It will prepare all students for success in college,

equip them with the ability and desire for lifelong learning, and strengthen their civil, ethical, and moral values. The school will maintain high standards of efficiency and accountability throughout its operation.

Tel: +968 24534000 Fax: +968 24547300 Email: iscmuscat@iscmuscat.sabis.net / info@iscmuscat.sabis.net Website: www.iscmuscat.edu.om Instagram: @iscmuscat

#### Sarh Al Jaameah Private School

We are very proud to inform you about Sarh Al Jaameah Private School (SAPS), which is located on the beautiful Sultan Qaboos University Campus. We are offering quality educational opportunities for children in grades one to four. **Location:** Al Khoudh, Muscat.

Tel: +968 95220111 Email: <u>info@sapsoman.edu.om</u> Website: www.sapsoman.edu.om

# Al Riyada Private School

Location: Tameer Street, Al Mawaleh South, Muscat. Mob: +968 92875933 / +968 97037134 Tel: +968 22398555 Instagram: @alriyadasch Facebook: https://www.facebook.com/Alriyada.edu.om/

# **Qabas Al-Ibdaa Private School**

Class -From KG1 to Grade 4 Location: Shatti Al Qurum Mob: +968 92118108 / 98222209 / 95792233 Email: <u>qabasalibdaaschoolmuscat@gmail.com</u> Instagram: <u>@qabasschoolmuscat</u>







The International School of Choueifat - Muscat

# New World International School

The New World International School brings world-class education to the Sultanate. The New World International School (NWIS) is an endeavour of Singapore-based Cognizance International Academy (CIA). Location: Seeb Street, Seeb, Muscat. Tel: +968 24458822/24269800 Mobile: +968 71888400 Email: info@mynwis.com / admissions@mynwis.com Website: www.mynwis.com Instagram: @nwismuscat

### The Wave Private School

The Wave Private School is a bilingual school, under supervision of Ministry of Education. Location: Behind Seeb Polyclinic, South Al Hail, Muscat. Mobile: 9800 0773 / 71170018 WhatsApp: +968 92066611 Website: www.thewaveprivateschool.edu.om Instagram: @wave\_private\_school

# PDO School

Where children thrive and excel in our child centered, learning focused, international environment. We offer high quality educational provision for the children of expatriate PDO employees aged between 3 and 11 years old. The PDO

School Team caters for the individual, social and academic needs of every child through regular assessment and specific learning programs, to secure the best outcomes. We implement the English National Curriculum for English and Mathematics, alongside the International Primary Curriculum – a creative and dynamic strategy that supports all learning styles and secures excellent progress. **Location:** Kauther St, PDO Campus, Qurm, Muscat.

Tel: +968 24677279

Email: <u>notices@pdoschool.com</u> Website: <u>www.pdoschool.org</u>







# Indian School Wadi Kabir International

ISWKi – Indian School Wadi Kabir international came into existence when the Managing Committee felt the need to give the students in Muscat the option of the best of International education at a reasonable cost. ISWKi is "international" not only in name but also in philosophy, approach, infrastructure, teaching & Learning Process, in its curriculum and in all facets of school administration. **Location:** Next to ISWK Primary School, Wadi Kabir, Muscat.

Tel: 22356050 Mob: +968 90122012 Email: <u>info@iswki.org</u> Website: <u>www.iswki.org</u> Instagram: <u>@schooliswki</u>

#### Indian School Al Ghubra International

ISG International is celebrated for its unwavering dedication to academic excellence, epitomized by its affiliation with the prestigious Cambridge curriculum. Our state-of-the-art facilities, which include well-equipped laboratories fostering experiential learning and innovation, stand as a testament to this commitment.

Location: Al Ghubra North Tel: +968 24493377 Email: <u>isgi\_office@indianschool.com</u> Website: www.isgioman.com

# A'soud Global School

A'soud Global School (AGS) is a new innovative British school located in the Seeb area of Muscat which opened in September 2016. Initially welcoming both expatriate

and local Omani children from the ages of 3 to 12 in our Pre-prep and Prep school with children progressing organically through the school on a year by year basis, ultimately providing a British Education for children from 3 to 18 years of age.

#### AL SEEB BRANCH

Location: Al Bahia Street, A'Seeb, Muscat Tel: +968 2442 3970 / +968 2442 3952







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WhatsApp: +968 9286 2666 Email for admissions: <u>registrar@agsmuscat.com</u> Website: <u>www.agsmuscat.com</u> Instagram: <u>@asoudglobalschool</u>

## SALALAH BRANCH

Location: Plot No. 98 - B, Janub Madinat As Saadh, Salalah, Sultanate of Oman Mob: +968 9242 8120 / +968 7266 8800 WhatsApp: +968 7266 8800 registrar@agssalalah.edu.om Email: info@agssalalah.edu.om / registrar@agssalalah.edu.om Website: www.agssalalah.edu.om Instagram: @ags.salalah

## Al Raneem International Private School

Al Raneem International Private School, previously known as Al Wattayah Private School is one of Muscat's oldest schools owned by Mr. Karim Bakhsh Al Balushi.

The school was established in 1986. RPS is a modern bilingual school with international accreditation standards and Cambridge curriculum from Grade 1 to Grade 12 and IEYC for Kindergarten.

Location: Al Jood Street 119, Al Amerat, Muscat. Tel: +968 24878182, +968 24872424, +968 24877402 Email: <u>alraneem@alraneem.edu.om</u> Website: <u>www.wpschool.edu.om</u> Instagram: @alraneemschool

## Leaders Private School

Class -From KG1 to Grade 8 Location: Muscat - Seeb - Hail, South Mob: +968 98501501 / 98103330 Email: info@leadersschools.net Website: www.leadersschools.net Instagram: @lps\_om





## Lycée Français International de Mascate International French School of Muscat Location: Way 519, Building 1345, Plot 305, near Muscat Hills, Muscat. Tel: + 968 24348800 Email: secretariat@lfm.om Website: www.en.lfm.om

## Beaconhouse School

Is under the supervision of the Ministry of Education of Oman and therefore is considered a Private Omani Bilingual school in every aspect. The school is an accredited partner of Cambridge Assessment International Examinations (CAIE) and is offering the IGCSE program.

## Qurum Campus

Location: Bldg. No. 52, 54, Al Fauhood Street, Qurum Heights, Muscat. Tel: +968 2456 0291 / +968 2456 0215 Email: <u>comms.qc@beaconhouse.edu.om</u> Website: <u>www.beaconhouse-qrm.edu.om</u> Instagram: <u>@beaconhousekgqurum</u>

## Al Khuwair Campus

Location: Al Khuwair South, Street 2725, Building No. 1/A/2661, Complex No 227, Muscat. Tel: +968 2496 7917 / +968 2496 7920 Email: <u>comms.akc@beaconhouse.edu.om</u> Website: <u>www.alkhuwair.beaconhouse.edu.om</u> Instagram: <u>@beaconhousealkhuwair</u>

## **Modern International School**

We are a privately owned international school, licensed by the Ministry of Education of Oman. We administer the Cambridge curriculum (Primary,

Lower Secondary and IGCSE) curriculums, alongside Arabic Language, Islamic Studies, Social Studies, Arabic Second Language and French curriculums. Location: Athaibah, Muscat.



Beaconhouse





Tel: +968 24138842 / +968 24138843 Mob: +968 71506088 Email: info@miso.om Website: www.miso.om Instagram: @miso.muscat

## Madinat Al-Sultan Qaboos Private School

Madinat Al Sultan Qaboos Private School (MSQPS) is a pioneer leading bilingual school under the supervision of the Ministry of Education with a unique experience in the private education landscape in Oman for over three decades.

Location: Al Bashair Street, Madinat Sultan Qaboos, Muscat **Tel:** +968 24699739 WhatsApp: +968 71178523

Email: info@msgps.edu.om

Website: www.msqps.edu.om

**Instagram:** msqps-activities

## Al-Ibdaa International School

Al-Ibdaa International School was founded in 2001 by Omani investors with the support of the Youth Fund Organization and the Oman Development Bank. Currently, the school has beyond 1000 students streamed into 40 classes from KG to grade 12. Location: Al Ghubrah South, Bawsher - 115

Tel: +968 24505135 /+968 24505132 **Mob:** +96891758898 Email: Info@Ibdaa.edu.om / Students.Affairs@ibdaa.edu.om Website: https://ibdaa.edu.om/home.php Instagram: @al ibdaaschool

## **Assafwah Schools**

Assafwah Schools in Oman was started in the year 2000 with a strong objective in itself to provide caring, secure and stimulating environment in which children, students and adults achieve their full



AL-IBDAA INTERNATIONAL SCHOOL (Under the supervision of Ministry of Education)







potential knowledge through intellectual, cultural and sporting activities. **Tel:** +968 24546929 / +968 22845200 **Email:** <u>frontoffice@assafwah.net</u> **Website :** www.assafwah.net

Al Khoud Branch Tel: +968 24546929 Email: khoudh@assafwah.net

Mawaleh Branch Tel: +968 24536066 Email: mawaleh@assafwah.net

Mabela Branch Tel: +968 24455816 Email: mabeela@assafwah.net

Azaiba Branch Tel: +968 24492645 Email: <u>ozaiba@assafwah.net</u> Ansab Branch Tel: +968 22048905 Email: ansab@assafwah.net

Saham Branch Tel: +968 26818883 Email: <u>saham@assafwah.net</u>

Sohar Branch Tel: +968 26 847568 Email: <u>sohar@assafwah.net</u>

## **Cheltenham Muscat**

Cheltenham Muscat is the first 3 – 18 boys and girls school in Oman to partner with a UK premium school, Cheltenham College, bringing 180 years of outstanding practice, expertise and tradition. Location: Al Bandar, Muscat Tel: +968 24073900 Mob: +968 9855 5397 (Arabic) / +968 9855 5264 (English) Email: info@cheltenhammuscat.com Website: www.cheltenhammuscat.com Instagram: @cheltenhammuscat.



#### **Downe House Muscat**

Oman's first, premium, British curriculum, all-girls' school. Our sister school, Downe House, is one of the most celebrated, all-girls' schools in the UK and consistently ranks amongst the top 5. Our Muscat curriculum follows the same rigorous approach offering specialist



teaching throughout, personalised tutoring and more lesson time than other schools. **Grade:** Grades 1 to 12 (6 to 18 Years)

Location: Al Bandar, Muscat Mob: +968 9855 5381 (Arabic) / +968 9855 5482 (English)

Email: info@downehousemuscat.com

Website: www.downehousemuscat.com

Instagram: <u>@downehousemuscat</u>

## Modern Generation Private School

We, Modern generation private School, one of the best Schools in Oman, is a bilingual curriculum school in Muscat from Kindergarten to grade 8, under the supervision of the Ministry of Education, Sultanate of Oman.



Location: Building No. 1, street No. 9993, Phase 7, South Ma'abelah, Muscat. Tel: +968 2445 5698 Mob: +968 9282 8118 Email: <u>contact@moderngps.com</u> Website: <u>www.moderngps.edu.om</u> Instagram: <u>@moderngps</u>

## Knowledge Masterpiece Private School

At Knowledge Masterpiece Private School (KMPS) we aim to foster a Growth Mindset approach to learning and teaching. Location: Al Salam Street, Al Mabela, Seeb, Muscat. Tel: +968 24533422 / +968 24052548 Mob: +968 94557458 Email: info@kmps.edu.om Website: www.kmps.edu.om Instagram: @kmps\_school



## National Private School

National private school was established in 1982 It began only with kindergarten and grades one and two. The school adapts the three systems of education that include general education, bilingual and IGCSE courses.

Location: Al Khuwair, Muscat. Tel: +968 24489536 / 24489721 / 24489304 Email: <u>info@npschool.net</u> / <u>support@npschool.net</u> Website: <u>www.npschool.net</u>

## **Oman Private School**

Oman Private School opened its doors in 1977. As the very first private school in the Sultanate of Oman, OPS has transformed through the ages. The driving force behind our school is the perfect merging of modern education with Islamic traditions.

Location: Al Safa Street, Way 5914, Building 965 Bousher, Muscat. Tel: +968 24617088 GSM: +968 94049169 / +968 96550852 Email: info@omanprivateschool.com

Website: www.omanprivateschool.com

Instagram: <a>@omanprivateschool</a>

## Indian Schools Oman

The Board of Directors of Indian Schools in Oman is the apex policymaking body for all the Indian

Schools in the Sultanate. Currently, the Board governs 21 Indian Schools, with more than 46,000 students on the rolls.

Tel: +968-24784386 / +968 24794057

Website: http://indianschoolsoman.com/

School Profiles: <u>http://indianschoolsoman.com/indian-schools-oman/school-profiles/</u>

Email: info@indianschoolsoman.com

**Postal Address:** Indian Schools – Sultanate of Oman

PO Box. 2470, Ruwi, PC. 112, Muscat, Sultanate of Oman







## Dorat Al-Khaleej Private School

Dorat AL-Khaleej Private School is a comprehensive twelve-year private sector school enrolling around 1300 students in grades 1–12. The school was



established in 2003 (06/08/2003) and its first senior class graduated in 2012. Dorat AL-Khaleej Private School is accredited by Cambridge University.

Email: <u>info@dorat-alkhaleej.com</u> Website: <u>www.dak.edu.om</u> Instagram: <u>@dakschool</u>

AL-GHUBRA BRANCH:

**Tel:** +968 24493206

MADINAT AL-IRFAN BRANCH: Mob: +968 99498401

## **Muscat International School by Amity**

Muscat International School By Amity, is a welcoming, inspiring, creative, international school community for children aged 3 to 18. We follow the

National Curriculum of England that is adapted to meet the needs of our international student community in Muscat.

Location: Qurum, Sultanate of Oman, Al Shati Street, Opposite Qurum Natural Park, Muscat Tel: +968 22650100 Mob: +968 97416387 Email: <u>admissions@amitymuscat.om</u> Website: www.mis.edu.om

Instagram: @muscatintschool

## The Royal Grammar School Guildford (RGSG)

The Royal Grammar School Guildford (RGSG), in partnership with the Sama Educational Company, is opening a new school in Muscat in September 2023. RGSG Muscat will bring

centuries of heritage and academic excellence, while Sama will ensure we honour the cultural values and heritage of Oman. Foundation Age (3 Years) up to Grade 5 (Aged 9/10)

Location: Muscat, Seeb Area, 3315 Way Tel: + 968 2427 4949 Mob: +968 9012 1414





**Email:** admissions@rgsgm.com / info@rgsgm.com Website: www.rgsgm.com Instagram: @rgsgmuscat

## Al Injaz International Private School

Al Injaz International Private School established in the academic year 2004-2005 and has been operating successfully for the past fifteen years. Location: Al Ansab, Muscat Tel: +968 24585299 / 24585277 Mobile: +968 92988905 **Email:** alinjaz@alinjaz.edu.om Website: www.alinjaz.edu.om Instagram: @alinjaz\_oman

## Ahmad bin Majid International Private School

Ahmad bin Majid International Private School is Omani bilingual school offering the an

Cambridge curriculum from kindergarten through grade 10. From grade 11 to 12 we offer the Omani General Education Diploma(GED) and AS/A level programs. Location: Al Hail South Tel: +968 24282200 / +968 24282222 Email: sa@abm.edu.om / hr@abm.edu.om Website: www.abm.edu.om Instagram: @abm oman

## The Sultan's School

The Sultan's School is a co-educational school offering a bilingual Arabic-English education from early childhood to pre-university. The School seeks to provide a broad and balanced education of the

highest quality which reflects and strengthens Omani and Islamic culture whilst encouraging an international perspective and developing critical, creative thinking in its students.

Location: A'Sroor Street, Way No. 3117, Bldg No. 1188, Al Hail South Tel: +968 24536777



E SULTAN'S SCHOOL







Fax: +968 24536997 Email: <u>info@sultansschool.edu.om</u> Website: <u>www.sultansschool.edu.om</u> Instagram: @sultansschool

## Stellar Private School

Location: Way 3939, Villa 3484 Near Imam Nur Al Din Salmi Masjid, Al Khuwair, Muscat. Mob: +968 9333 1056 / +968 92434661 Email: <u>info@stellaroman.com</u> Website: <u>www.stellaroman.com</u>

## Knowledge Hopes Private School

Class: KG1 to Grade 2 Location: Sarooj, Shatti Al Qurum, Muscat. Mob: +968 77114337 Email: <u>knowledgehopes2023@gmail.com</u> Instagram: <u>@knowledgehopes</u>

<u>Wahat Al Amirat Private School</u> Location: Al Amirat Mob: +968 9203 8999 Email: <u>wahatalamerat2012@gmail.com</u> Facebook: <u>https://www.facebook.com/WAHATALAMERAT</u>

## Pakistan School Muscat

For more than 47 years, The PAKISTAN SCHOOL MUSCAT (PSM) has been providing children from around the world with a strong, holistic education that nurtures the whole child. **Location:** Al Farahidi St, Muscat **Tel:** +968 24702489 / 24781887 / 24791503 / 24790264 **Website:** www.pakistanschool.edu.om







## **Bangladesh School Muscat**

Through a British Curriculum-based education that fosters moral, accountable, and internationally aware lifelong learners, Bangladesh School Muscat strives to provide academic achievement for pupils in the global community. Location: 18<sup>th</sup> Nov Street, Muscat Tel: +968 24 497127 Email: admin@admin.com Website: www.bsm-om.com

## Sri Lankan School Muscat

Location: Wadi Kabir, Muscat Tel: +968 24811005 / 24811006 / 24811007 Email: info@slsm.edu.om Website: www.slsm.edu.om

## Phillipine School Oman

Location: Way 2740, Bldg. 4277 P.O. Box 563, PC 133, Al Khuwair, Muscat, Oman Tel: + 968 24697636 Email: philippineschool@pso.edu.om Website: www.pso.edu.om

## Art of Living Private School

Art of Living Private School is a bilingual international school. Our syllabus is constructed according to the Cambridge curriculum in order to provide holistic education to our students, wherein they can learn and grow to be at par with students from global schools and universities.

Location: Building #2106, Way#3231, Al Dhayafa Street, Al Ghubra, Muscat Tel: +968 24124553

Mob: +968 99098215 / +968 9225 9757 Email: <u>artoflivingschooloman@gmail.com</u> Website: <u>www.artoflivingschools.edu.om</u> Instagram: @artoflivingschooloman









#### Sarh Al Ibdaa International School

Location: Mawaleh **Tel:** +968 24189755 Mob: +968 98278119 Email: info.Mawalleh@ibdaa.edu.om Website: www.mawaleh.ibdaa.edu.om Instagram: @sarh alibdaa



**Mob:** +968 95421282 Email: info.Mawalleh@ibdaa.edu.om Website: www.granadaprivateschool.com **Instagram:** @granadaofficials





#### **AL-KHOUD BRANCH**

Location: Building-247, Block-333, Way-344, Alkhoud, Seeb, Muscat **Mob:** +968 99861131 / +968 9744282 / +968 97232921

#### **AZAIBA BRANCH:**

Location: Building-343, Block-246, Way-4605, 18 Nov street, Azaiba, Muscat **Mob:** +968 95421282 / +968 97442826 / +968 92641830

#### AL-KHUWAIR BRANCH

Location: Building-2400, Block-247, Way-4727, Alkhuwair 33, Opp Technical College, Muscat

#### **AL-MAWALAH BRANCH**

Location: Building-283, Block-319, Way-117, Al Tameer Street, Mawalah South **Mob:** +968 91286653 / +968 97442826 **Mob:** +968 92912130 / +968 9744282

## Schools with Special Education (SE) Classes

## Center For Special Education – Indian School Muscat

Care & Special Education (Cse) is Oman's 'home away from home' for children with special needs, in the age bracket 4 to 18 years. We offer need-centric inclusive education and therapeutic care to children with impaired mobility, developmental delays, learning incapacity and mental disabilities including Autism, Down's

syndrome, Attention Deficit (Hyperactivity) Disorder and other challenges. **Tel**: +968 2470567 ext.202

**Mob:** +968 92482477

Email: <u>info@cseoman.com</u> / <u>principal@cseoman.com</u> Website: <u>www.cseoman.com</u>

## Dorat Al-Khaleej Private School

At Dorat Al Khaleej International Private School students with special needs are in safe hands. The

features of our focused and selected programme are set and designed to meet the needs of individual students.

Our Special Needs Curriculum has been set in parallel with the objectives of subjects across the different educational stages with consideration to the needs and difficulties the student possesses.

Experienced educators will deliver the concepts through diverse practical and oral activities and provide the required support and motivation to each individual along their learning journey.

## MADINAT AL-IRFAN BRANCH:

Mob: +968 99498401 Fax: +968 24498780 Email: <u>info@dorat-alkhaleej.com</u> Website: <u>www.dak.edu.om</u> Instagram: <u>@dakschool</u>





## Pakistan School Muscat

For more than 47 years, The PAKISTAN SCHOOL MUSCAT (PSM) has been providing children from around the world with a strong, holistic education that nurtures the whole child. **Location:** Al Farahidi St, Muscat **Tel:** +968 24702489 / 24781887 / 24791503 / 24790264 **Website:** www.pakistanschool.edu.om



Location: Al Amirat Mob: +968 9203 8999 Email: <u>wahatalamerat2012@gmail.com</u> Facebook: <u>https://www.facebook.com/WAHATALAMERAT</u>





## Al Injaz International Private School

Recognizing the growing need for Special Education services in Oman, the Section for Special needs has been established to cater to the students whose academic and developmental needs cannot be met through the regular mainstream educational system. Every student is assessed and an individual education plan (IEP) is drawn up which recognizes the strengths and

abilities of the students, using them to enable growth in areas of weaknesses. The special educators work in close cooperation with the parents to ensure the overall development of the children. The section also helps parents to collaborate with other professionals like doctors, counsellor, therapists and so on to get the best possible care for each student.

Location: Al Ansab, Muscat Tel: +968 24585299 / 24585277 Mob: +968 92988905 Email: <u>alinjaz@alinjaz.edu.om</u> Website: <u>www.alinjaz.edu.om</u> Instagram: @alinjaz\_oman



Knowledge Hopes Private School Class: KG1 to Grade 2 Location: Sarooj, Shatti Al Qurum, Muscat. Mob: +968 77114337 Email: knowledgehopes2023@gmail.com Instagram: @knowledgehopes

## Montessori Oman

Montessori Oman is a private bilingual pre-school for children aged 2-5.5 years.

Our special needs classroom is a nurturing and supportive environment for children of all abilities. We welcome children on the autism spectrum, children with down syndrome, sensory

processing disorders, and more. Our classroom and schedule is specifically designed to meet the needs of each child.

Location: Way No. 2414, Bldg. No. 1045, Al Qurum Heights, Muscat Tel: +968 24560096

Mob: +968 95479538

Email: info@montessorioman.com

Website: www.montessorioman.com

Instagram: <u>@montessorioman</u>

## Al Ghars International School

Ghars International School is the brainchild of two academician that have worked with children for over 20 years. Mrs. Muna Burhama and Dr.Talla Al-Deehani, who wanted to bring the best in education from England to Oman. **Location:** Block 136, Way 3303, Bldg No. 171, Al Khoudh, Muscat. **Tel:** +968 24543971

Mob: +968 9171 7691 (WhatsApp available)

Email: info@gis.edu.om

Website: www.gis.edu.om

Instagram: <a>@gharsoman</a>



ri Oman GL





## **Modern Generation Private School**

We, Modern generation private School, one of the best Schools in Oman, is a bilingual curriculum school in Muscat from Kindergarten to grade 8, under the supervision of the Ministry of Education, Sultanate of Oman. Location: Building No. 1, Street No. 9993, Phase 7, South Ma'abelah, Muscat. Tel: +968 2445 5698 Mob: +968 9282 8118 Email: contact@moderngps.com Website: www.moderngps.edu.om

Instagram: <u>@moderngps</u>



Finland Oman School is the result of a partnership between <u>Oman Educational Services LLC (OES)</u>, the owner Company of the <u>German University of Technology in Oman (GUtech)</u>, and educational partners from Finland.

We offer therapy sessions and the following services:

- 1. Occupational Therapy
- 2. Special Education
- 3. Speech Therapy
- 4. Current Performance Evaluation
- 5. Family Consultations
- 6. Inclusion Services

**Location:** Muscat Southern Expressway, German University of Technology in Oman (GUtech), Muscat.

**Tel:** +968 94777197

Email: admissions@fos.edu.om

Website: <u>www.fos.edu.om</u>

Instagram: @finlandomanschool





## **Guidance Counseling Services**

## Al Ahlam Higher Education & Training Services

Al Ahlam Training Services was established in 2002 by Kate Clarke and was licensed as a Higher Education Services company in 2005. Born and educated in the UK, Kate has over 25 years' experience in the education field in Oman.



Educational Psychology Services at Al Ahlam. Al Ahlam also offers Educational Psychology services. Our professional Massrat

Shaikh has been providing consultancy to most of the international and private schools of Oman. She has been working since 2005 and is an expert on comprehensive psycho educational assessments and detailed intervention plan and reports for students.

Location: Way No. 1007, Villa 485, Seih Al Maleh Street, Qurum Block 210, Muscat. Tel/Fax: +968 24562623

Mob: +968 99473709 & 99044541

WhatsApp: +968 92411327

Email: <u>uni@ahlameducation.com</u> / <u>kate@ahlameducation.com</u> /

massrat@ahlameducation.com

Website: www.ahlameducation.com

Instagram: @ahlameducation

#### **IDP Oman**

IDP is a leader in global education services. We specialise in combining human expertise with our leading digital platform to help people get accepted into their ideal course, take an English language test or learn English in our schools.



AHLAM

Location: Al Madinat Plaza, 1st Floor, Madinat Qaboos, Muscat, Oman Tel: +968 24091800

WhatsApp: +968 91900925

Email: info.muscat@idp.com

Website: www.idp.com/oman

Instagram: <u>@idpoman</u>

## **Generation Now**

Education Consultancy & College Admissions Counseling Email: info@generationnow.om Website: www.generationnow.om Instagram: @generationnow.om

## **Glinks International**

We provide complete consultation services starting with the pre-assessment stage, at which counselling is offered to properly evaluate the students' needs and final objectives, followed by thorough guidance on application process,

enrolment process, accommodation, travel assistance and departure and predeparture mandatories.

Location: 207, Sohar International & Bank Saderat Iran Bldg., Dohat Al Adab St., Al Khuwair, Muscat, Oman **Tel:** +968 24487865

**Mob:** +968 94949634

**Email:** info@glinksgroup.com

Website: www.glinksgroup.com

Instagram: @glinksgroup

## **Al Harub Medical Centre**

As one of the leading healthcare facilities in Muscat, Al Harub Medical Centre (AHMC) has adopted a holistic approach to provide the Omani society with the highest standard of services aiming to improve the quality of life.

Email: info@alharubmedical.com Website: www.alharubmedical.com Instagram: @alharubmedical.center

## **AL QURUM BRANCH**

Location: Way No. 2830, Building No. Location: Way No.1958, Building No. 2264, Sarooj, Qurum, Oman Tel: +968 24600750 Mob: +968 91705886

## **AL MAWALEH BRANCH:**

4492, Al Mawaleh, Muscat, Oman Tel: +968 24271789 **Mob:** +968 71500095







## **Oasis of Hope Counselling Center**

Oasis of Hope Counselling Center offers a team of highly qualified counsellors with experience across a large range of various specialities. We offer counselling for people in the community, including child and teen counselling, family counselling, marriage counselling, virtual counselling, and hypnotherapy, to name a few.

Location: Shatti Al Qurum, Muscat. Tel: +968 24603363 Mob: +968 91779738 Email: admin@oasisofhopeoman.com Website: www.oasisofhopeoman.com Instagram: @oasis of hope counselling



## **Rehabilitation Centres and Services**

## White Hands Centre for Assistive Technology and Rehabilitation

The White Hands Centre for Assistive Technology and Rehabilitation is the first centre of its kind in Oman and in the G.C.C. countries. It combines and integrates Assistive Technology (AT) in Education, Rehabilitation, Research & Vocational Training.

**Location:** Al Jisr Street, Way No. 4525, Bldg No. 2066, Al Mawaleh South, Muscat.

Tel: +968 24538248 / +968 24538614 Mob: +968 99494695 Fax: +968 22344363

## Hams Al-Atheer Rehab Centre

Hams Al-Atheer Rehabilitation Centre is a centre for all kinds of disabilities, located in Oman and providing services helping individuals to achieve their highest level of independence and self-care, with the assistance of our qualified team and specialists.

Location: Al Khoudh / Azaiba / Suwaiq Mob: +968 99077232

+968 93250556 (Al Khoud Branch) +968 99839655 (Azaiba Branch) +968 97863333 (Suwaiq Branch) Email: <u>hams.alatheer99@gmail.com</u>

Instagram: <u>@hams.alatheer</u>

## **Piyavate Rehabilitation and Physiotherapy Center (Thailand)**

Location: Taiba Building No 1635, Al Khuwair, Way No 3920, Muscat, Oman Mob:+968 90991144 / +968 90991166 / +968 90991155 Email: info@piyavategulf.com Website: www.piyavategulf.com Instagram: piyavate.om







## Creative Center for Rehabilitation / Creative Therapy

Creative Center for Rehabilitation is a private center located in the Sultanate of Oman. We offer a comprehensive program that promotes students' cognitive, academic, social, communication and motor development.

Our center also offers Speech and Language Therapy, Occupational Therapy, Behavioral Therapy and Physiotherapy. Location: Way no. 6305, Villa no. 333, South Mabela, Muscat. Mob: +968 94381300 / +968 99819234 (English) / +968 96458451 (Arabic) Email: admin@creativetherapy-oman.com / ccrmabela@gmail.com Website: www.creativetherapy-oman.com Instagram: @creative therapy oman

## Al Methali Rehabilitation Centre

Services: Physiotherapy, Occupational Therapy, Special Education, Speech & Communication Therapy, Mental Health. Location: Mawaleh North, Muscat Tel: +968 24987529 / +968 24498529 Mob: +968 95290400 (WhatsApp) Email: <u>Aldarei.med.rehab@gmail.com</u> Instagram: <u>@arc.oman</u>

## **Horizon Rehabilitation Center**

Location: Al Khoudh, Muscat. Mob: +968 79306466 Email: <u>horizon.autism@gmail.com</u> Instagram: <u>@horizon\_rehab\_center</u>

#### **Eshraq Rehabilitation Center**

Location: House Number 9127, Way Number 894, Al Mawaleh North, Muscat. Tel: +968 24553174 Mob: +968 71730413 Email: <u>info@eshraqrehabcenter.com</u> Website: <u>https://www.eshraqrehabcenter.com/en/</u> Instagram: <u>@eshraqrehab</u>









## Scientific Rehabilitation Hospital

Location: Seeb, Muscat. Tel: +968 22399990 Mob: +968 72686444 Email: <u>scientificrehaboman@gmail.com</u> Instagram: <u>@srh.om</u>

#### Oxy Clinic

Oxy Clinic provides unique and comprehensive treatment plan and facility for children with autism (ASD) and cerebral palsy (CP). Location: Building 2743, Way 4146, Al Khuwair, Muscat. Tel: +968 24480728 Mob: +968 94242041 Email: info@oxyclinicmct.com

## Al Huda Rehabilitation Center

Website: www.oxyclinicmct.net

Location: Al Amerat, Muscat. Mob: +968 92694252 Email: <u>alhuda.r.center@gmail.com</u> Instagram: @alhuda.rehabilitation.center

## **Muscat Rehabilitation Center**

Offers service in both English & Arabic. Location: Al Azaiba, Muscat. Tel: +968 24615019 Mob: +968 93501770 / 91371388 Email: mrc0man.om@gmail.com / nada.aljebal2023@gmail.com Instagram: @mrc0man

## Tamkeen Academia

Assessment and diagnosis of people with special needs/ solving educational problems/ academic education to alleviate learning difficulties / Parental advice. **Tel:** +968 92455713 **Instagram:** @tamkeen\_academia







## Sohar Center for Physiotherapy and Rehabilitation Centre Mobile: +968 71751005 Email: suharphysiocenter@gmail.com

## Al Wafa Social Centers

The Al Wafa Social Center relies on trained Omani volunteers to provide services to disabled children and their families. The social center receives support from national organisations, the private sector and other groups who assist with financing. Additional governmental support in the form of managerial and technical knowledge comes from the Department of Rehabilitation. These service programs are initiated by the Ministry to promote volunteering and in response to a request by an Omani national. When a request is submitted to set up a volunteer program, the application is reviewed by the center. If approved, the program is announced by the Undersecretary of the Ministry. This initiative is provided to support and aid the improvement of the children with special needs.

Contact: Ministry of Social Development

Tel: +968 24695101

#### Autism Complete Therapy

Our goal is to give our children a chance to be better and to help them take their simplest rights from society. Our programs include the 'Activity of Daily Living Program', Occupational Therapy, group classrooms and group and play monthly events with a student to employee ratio of 1 employee to 1.5 students. Our rehabilitation methods include speech and communication, OT, Applied Behavioral Analysis (ABA), PECS training and implementation, behavioral modification plans, Montessori practical life and sensorial tasks, special education and learning disability and TEACCH classes.

**Tel:** +968 24121049 **Mob:** +968 95341007 & +968 95532400

## Al Manayer Rehabilitation Centre

Location: Seeb, Muscat. Mob: +968 97820167 Email: <u>al-manayer-mac@hotmail.com</u> Instagram: <u>@al\_manayer\_mac</u>



## **Spectrum Child Development Services**

Spectrum Child Development Services (SCDS) is an affiliate of Northwest Behavioral Associates (NBA), a dedicated, United States based organization providing evidence based services for individuals with Autism Spectrum Disorder (ASD) and related diagnoses. **Mob:** +968 99509068 **Email:** <u>info@spectrum-cds.com</u> **Website:** https://spectrum-cds.com/

## Dr. Kauthar Al Busaidi Physiotherapy & Rehabilitation Centre

Tel: +968 24535651 / +968-2453-565 (Al-Hail ) /+968-2237-3038 (Qurum ) Mobile: +968-9760-9858 (Al-hail) / +968-9354-1935 (Qurum ) Facebook: <u>https://www.facebook.com/Dr-Kauthar-Al-Busaidi-Physiotherapy-</u> <u>Rehabilitation-Centre-111027317134430/</u>

## Saham Ayurvedic Hospital & Health Center LLC

Comprehensive authentic Ayurvedic treatments with excellent services from the departments of Yoga, Physical medicine and Rehabilitation, Physiotherapy & Speech therapy aids in designing an integrated customised treatment for the patients. Location: Muscat / Saham Tel: +968 26721707 (Hospital) / +986 24961499 (Clinic) Mob: +968 99230005 (Muscat) / +968 97000533 (Saham) WhatsApp: +968 9923 0005 Email: info@sahamayurhospital.com Website: www.sahamayurhospital.com Instagram: @sahamayurhospital

#### <u>Therapedia</u>

Pediatric Rehabilitation Center Location: Al Khuwair South Mob: +968 71609994 / +968 71609995 Email: <u>info@therapediaoman.com</u> Instagram: @therapedia.om







## **Recovery Station**

Physiotherapy & Rehabilitation Centre Location: Ghubra, 18 November Street, Opposite Chedi Hotel and Hurmoz Petrol Station Mob: +968 78049116 / +968 78896479 Email: info@recoverystations.com Website: www.recoverystations.com Instagram: @recoverystation



## Integrated Medical Rehabilitation Centre

Location: North Ghubra Mob: +968 94760333 Email: <u>imrcservice@gmail.com</u> Instagram: <u>@alshamil\_rehab</u>



## Association of Early Intervention for Children with Disability

The centre offers its services to children with disability from birth to 9 years. We provide assessment and rehabilitation services, special education classes, home visits, and family counseling, and promote the rights of children with disabilities. Location: Near Al Amal Club, Ghala, Muscat Tel: +968 21027200 Mob: +968 92169931 / +968 99739359 Email: info@earlyintervention.om Website: www.earlyintervention.om Instagram: @aeicd

## Associations and Support Organisations

## **Oman Autism Society**

We are a Public Society located in Muscat. Specialized in Autism and raising awareness and knowledge about Autism in the Omani Society. **Tel:** +968-24128949 **Mob:** +968 94485858 / +968 99311133 **Email:** admin@omanautism.om Website: www.omanautism.om Instagram: @omanautism.



Offers service in both English & Arabic. Location: Al Athaibah, Muscat. Tel: +968 24615019 Mob: +968 93501770 / 91371388 Email: mrc0man.om@gmail.com / nada.aljebal2023@gmail.com Instagram: @mrc0man

The Association for the Welfare of the Handicapped Tel: +968 24496502 / 24496501 Fax: +968 24496541 Email: awhoc@omantel.net.om

## **Oman Association for Disabled**

The Omani Association for the Disabled was established in 1995 by ministerial decision from the Minister of Social Development Location: Al Ghubra South, Building No. 1813, Way No. 3715, Muscat Tel: +968 24595214 / 24595216 Website: http://oadisabled.org/









## <u>Al-Noor Association for the Blind</u> Tel: +968 24483118 & 24481551 Fax: +968 24483664 Website: www.alnoor4blind.org.om

## **Mosaics Muscat**

Mosaics Muscat has been created to help support parents of additional needs children, including but not limited to, high functioning autism. ADHD and SPD. We aim to provide a safe, non-judgmental, supportive environment where parents can

share resources, information and ideas to better help them navigate the constantly changing, sometimes murky, waters of parenting additional needs children in Muscat, Oman.

Facebook: <u>https://www.facebook.com/groups/522768207860460/</u> (Closed Group)

## **Children First Association**

Tel: +968 91730000 Email: <u>childrenfirst.om@gmail.com</u> For membership: <u>Google form link</u> Instagram: @childrenfirstom

## **Oman Down Syndrome Association**

Tel: +968 24496762 Mob: +968 93597828 Website: www.omandsa.org Email: info@omandsa.org Instagram: @dsa\_om

## National Autism Centre

**Tel:** +968 22 649700 **Location:** Rd No 53, Seeb, Oman.









## Association of Early Intervention for Children with Disability

The centre offers its services to children with disability from birth to 9 years. We provide assessment and rehabilitation services, special education classes, home visits, and family counseling, and promote the rights of children with disabilities. Location: Near Al Amal Club, Ghala, Muscat Tel: +968 21027200 Mob: +968 92169931 / +968 99739359 Email: info@earlyintervention.om Website: www.earlyintervention.om Instagram: @aeicd

#### Muscat Mums

Muscat Mums is a support network for families living in Muscat, promoting a sense of community and friendship. We aim to provide a range of useful resources including

playgroups, lending libraries, discounts with local businesses and social events that enrich the experience of raising a family in Muscat.

Email: mail@muscatmums.com

Website: www.muscatmums.wildapricot.org

Instagram: <u>@muscatmums</u>

## Psychology of Youth

Psychology of Youth is an Omani youth organization interested in enhancing psychological resilience among youth and adolescents. Location: Ship Business Centre, North Al-Ghubrah, Muscat Mob: +968 98599315 Email: youth.omn.psych@gmail.com Instagram: @youth\_omn\_psych





## Psychology & Psychiatry Services

## Sultan Qaboos University Hospital

Department of Behavioral Medicine & Department of Psychology **Tel:** +968 24415747 **Fax:** +968 24413009 **Email:** <u>squh@squ.edu.om</u> **Website:** <u>www.squ.edu.om/squh/</u>



<u>Al Massara Hospital</u> Location: Al Amerat, Muscat. Tel: +968 24873018 / +968 24873017 / +968 24873000 WhatsApp: 92141550 Emergency : +968 24873268 Website: www.moh.gov.om/en/web/almassara-hospital



## Eunoia Clinic

Eunoia Clinic aims to improve the quality of life of our clients and their families by helping them find acceptance, guidance and hope through delivering evidence-based psychological interventions tailored to meet their needs. Our services include psychological assessments & reports,



child & family services, adult psychotherapy, skills training workshops, corporate wellness, clinical training & supervision and mental health group programs.

Location: Office No. 2, Level 2, First Tower Building, Al Athaiba, Muscat.

**Tel:** +968 24121188

**Mob**: +968 71580235

Email: info@eunoiaclinic.com / eunoia.clinic@gmail.com

Website: www.eunoiaclinic.com

Instagram: @eunoiaclinic

## Al Harub Medical Centre

As one of the leading healthcare facilities in Muscat, Al Harub Medical Centre (AHMC) has adopted a holistic approach to provide the Omani society with the highest standard of services aiming to improve the quality of life.

Email: <u>info@alharubmedical.com</u> Website: <u>www.alharubmedical.com</u> Instagram: @alharubmedical.center

## AL QURUM BRANCH

Location: Way No. 2830, Building No. 2264, Sarooj, Qurum, Oman Tel: +968 24600750 Mob: +968 91705886

#### AL MAWALEH BRANCH:

Location: Way No.1958, Building No. 4492, Al Mawaleh , Muscat, Oman Tel: +968 24271789 Mob: +968 71500095

## Whispers of Serenity

Here at Whispers of Serenity Clinic (WoSC), we are more than just a mental health wellness clinic. We take a holistic approach to mental well-being. We believe that peace of mind comes from mental and physical well-being, they are one and the same. We provide a comprehensive approach that will provide you with best professional service available.



Our services include:

- **Counseling:** Individual, Group, Marriage, Child or Teen therapy, Hypnotherapy, Drama Therapy, Art Therapy, Support Groups, Remedial coaching for kids & Life Coaching.
- **Psychometric Testing:** Wechsler's Intelligence for children WISC-IV. Diagnostic test of learning disability, ADHD, M-Chat (Autism), Children's Anxiety Scale, Depression scale for children, Disability Rating scale, Aptitude test and career counselling.

Location: Villa 3086A, Way no 6848, Al Athaiba, Muscat Mob: +968 99359779 / +968 95717168 Email: <u>info@whispers-of-serenity.com</u> Website: <u>www.whispers-of-serenity.com</u> Instagram: <u>@SerenityMuscat</u>



## HKC+ Kids & Family

HKC+ is the first Omani specialized paediatric clinic in the Sultanate of Oman. We provide health care for children and pay attention to growth and development, preventive care and constant and continuous counselling for parents.

Location: Shatti Al Qurum, Muscat. Tel: +968 24699750 **Mob:** +968 96545535 E-mail: clinichappykid@gmail.com Website : www.happykidclinic.com **Instagram:** @hkcplus

## SJMC Mind & Body Clinic

**Psychiatry and Psychology Consultation** Location: Al Mazoon Street, Al Mawaleh, Muscat. **Tel:** +968 24184624 **Mob:** +968 93394295 Timings: Saturday: 9AM–1PM by appointment, Sunday to Thursday : 9AM to 8 PM Website: www.Sjmcoman.Net Instagram: @sjmcoman

## **Top Medical Care**

A medical complex that offers psychiatric and psychological medical services and integrative medicine services. We provide counselling, talking therapies, psychiatric medication, etc. to address

various mental health issues such as depression, anxiety, psychotic disorder, speech and communication disorders, to name a few examples.

Location: Bldg No. 276, Block No. 353, Way No. 53, First floor, Al Khoudh, Seeb Tel: +968 24511010

Mob: +968 95828250 (WhatsApp available) / +968 99174762

Email: topmedics@hotmail.com

Website: www.topmedicsmuscat.com

Instagram: @dr.azizalnaamani







## **Oasis of Hope Counselling Center**

Oasis of Hope Counselling Center offers a team of highly qualified counsellors with experience across a large range of various specialities. We offer counselling for people in the community, including child and teen counselling, family counselling, marriage counselling, virtual counselling, and hypnotherapy, to name a few.

Location: Shatti Al Qurum, Muscat. Tel: +968 24603363 Mob: +968 91779738 Email: admin@oasisofhopeoman.com Website: www.oasisofhopeoman.com Instagram: @oasis of hope counselling

## Malath Clinic

Malath is a specialized psychological clinic, supervised by psychiatrists with long experience in psychotherapy. The clinic approaches a psychotherapy approach in synergy with pharmacotherapy. **Location:** Ansab Street P.B. 579, 115, Oman **Tel:** +968 24202349

Mob: +968 94977755 Email: <u>clinic@malathclinic.com</u> Website: <u>www.malathclinic.com</u> Instagram: @malathclinic

## **Beautiful Mind Clinic**

Location: Seih Al Maleh Street, Oasis Building, Muscat. Mob: +968 91302313 (WhatsApp available) Tel: +968 22395953 Email: <u>beautifulmindoman@gmail.com</u> Website: <u>www.beautifulmindoman.com</u> Instagram: <u>@beautifulmindoman</u>





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Ehtwaa Clinic Location: Al Izdihar Street, Mawaleh South, Muscat. Mob: +968 72201479 Email: <u>ehtwaaclinic@hotmail.com</u> Instagram: <u>@ehtwaaclinic</u>

<u>Therapedia</u> Pediatric Rehabilitation Center Location: Al Khuwair South Mob: +968 71609994 / +968 71609995 Email: <u>info@therapediaoman.com</u> Instagram: <u>@therapedia.om</u>

## Hams Al-Atheer Rehab Centre

Location: Al Khoudh / Azaiba / Suwaiq Mob: +968 99077232 +968 93250556 (Al Khoud Branch) +968 99839655 (Azaiba Branch) +968 97863333 (Suwaiq Branch) Email: <u>hams.alatheer99@gmail.com</u> Instagram: <u>@hams.alatheer</u>

## **Muscat Rehabilitation Center**

Offers service in both English & Arabic. Location: Al Athaibah, Muscat. Tel: +968 24615019 Mob: +968 93501770 / 91371388 Email: mrc0man.om@gmail.com / nada.aljebal2023@gmail.com Instagram: @mrc0man

## Horizon Rehabilitation Center

Location: Al Khoudh, Muscat. Mob: +968 79306466 Email: <u>horizon.autism@gmail.com</u> Instagram: <u>@horizon rehab center</u>











## **Eshraq Rehabilitation Center**

Location: House Number 9127, Way Number 894, Al Mawaleh North, Muscat. Tel: +968 24553174 Mob: +968 71730413 Email: info@eshraqrehabcenter.com Website: https://www.eshraqrehabcenter.com/en/ Instagram: @eshraqrehab



## Creative Center for Rehabilitation / Creative Therapy

Creative Center for Rehabilitation is a private center located in the Sultanate of Oman. We offer a comprehensive program that promotes students' cognitive, academic, social, communication and motor development.

Our center also offers Speech and Language Therapy, Occupational Therapy, Behavioral Therapy and Physiotherapy. Location: Way no. 6305, Villa no. 333, South Mabela, Muscat. Mob: +968 94381300 / +968 99819234 (English) / +968 96458451 (Arabic) Email: admin@creativetherapy-oman.com / ccrmabela@gmail.com Website: www.creativetherapy-oman.com Instagram: @creative therapy oman

# Therapy for Kids Since 2007

## Association of Early Intervention for Children with Disability

The centre offers its services to children with disability from birth to 9 years. We provide assessment and rehabilitation services, special education classes, home visits, and family counseling, and promote the rights of children with disabilities. Location: Near Al Amal Club, Ghala, Muscat Tel: +968 21027200 Mob: +968 92169931 / +968 99739359 Email: info@earlyintervention.om Website: www.earlyintervention.om Instagram: @aeicd



## Educational Psychology Services, Educational Therapists and Consultants

#### **Inspire Educational Consultancy**

Inspire is an Educational Psychology consultation service set up in Oman to offer schools, parents and professionals the very best of an evidence based EP service with the objective of making a difference to children, young people and families.



Inspire aims to promote the development, participation, learning and achievement of all children and young people between the ages of 0-19. We do this by providing a high quality consultation service which involves collaborating with those who know and care most about the child or young person. Services include working with schools and settings to support the inclusion of children with learning difficulties and additional needs through assessment and intervention, as well as offering organisational level services such as teacher training and whole school improvement. As of September 2023, services have been expanded to include Advisory Teacher Support.

Contact: Nadia Sultan (MSc (Ed. Psych) MBPsS, NFTD, BSc)

Sarah Al Maawali (Msc (Language & Communication Impairment), BA.) Location: Bait Majan, Way No. 2114, Bldg No. 807A, Madinat Al Sultan Qaboos, Muscat.

**Tel:** +968 24607343

Mob: +968 99202186 (Nadia Sultan) +968 72560757 (Sarah Al Maawali) Email: <u>nsinspire@gmail.com</u> (Nadia Sultan) <u>stminspire@gmail.com</u> (Sarah Al Maawali) Website: www.nsinspire.com

## Al Ahlam Higher Education & Training Services

Al Ahlam Training Services was established in 2002 by Kate Clarke and was licensed as a Higher Education Services company in 2005. Born and educated in the UK, Kate has over 25 years' experience in the education field in Oman.

Educational Psychology Services at Al Ahlam. Al Ahlam also offers Educational Psychology services. Our professional Massrat



Shaikh has been providing consultancy to most of the international and private schools of Oman. She has been working since 2005 and is an expert on

comprehensive psycho educational assessments and detailed intervention plan and reports for students.

Location: Way No. 1007, Villa 485, Seih Al Maleh Street, Qurum Block 210, Muscat. Tel/Fax: +968 24562623

**Mob:** +968 99473709 & 99044541 WhatsApp: +968 92411327 Email: uni@ahlameducation.com / kate@ahlameducation.com / massrat@ahlameducation.com Website: www.ahlameducation.com Instagram: @ahlameducation

## **Al Harub Medical Centre**

As one of the leading healthcare facilities in Muscat, Al Harub Medical Centre (AHMC) has adopted a holistic approach to provide the Omani society with the highest standard of services aiming to improve the quality of life.

Contact: Vanessa Sequeira (BA (Psych), PGC SpEd, (LD) PG Certified, NZCER Assessor) Email: info@alharubmedical.com

Website: www.alharubmedical.com Instagram: @alharubmedical.center

## **AL QURUM BRANCH**

Location: Way No. 2830, Building No. Location: Way No.1958, Building No. 2264, Sarooj, Qurum, Oman Tel: +968 24600750 Mob: +968 91705886

## **AL MAWALEH BRANCH:**

4492, Al Mawaleh, Muscat, Oman Tel: +968 24271789 **Mob:** +968 71500095

## Whispers of Serenity

Whispers of Serenity can conduct and produce reports related to Educational Psychology assessments in Arabic. Location: Villa 3086A, Way no 6848, Al Athaiba, Muscat Mob: +968 99359779 / +968 95717168 Email: info@whispers-of-serenity.com Website: www.whispers-of-serenity.com Instagram: @SerenityMuscat





## **Creative Center for Rehabilitation / Creative Therapy**

Contact: Dr. Kawthar Hameed Abdullah (ED.D Ed. Psych & SEN) Mob: +968 94381300 Email: <u>Dr.Kawtharh@gmail.com</u> Website: <u>www.creativetherapy-oman.com</u> Instagram: <u>@creative therapy oman</u>



## Learn and Inspire Oman by Dr. Taghreed Al Said

We provide consultations in a number of areas of expertise related to family, child development and education. Our services entail

- Positive Parenting
- Educational Counselling and Guidance
- Emotional Intelligence
- Behaviour Modification
- Thinking and Creativity Skills
- Child Rights and Child Protection
- Reinforcing Social Responsibility

Tel: +968 24121327

Mob: +968 94111166 Email: <u>admin@learnandinspireoman.com</u> Website: <u>www.learnandinspireoman.com</u> Instagram: @learnandinspireoman

## HKC+ Kids & Family

HKC+ is the first Omani specialized paediatric clinic in the Sultanate of Oman. We provide health care for children and pay attention to growth and development, preventive care and constant and continuous counselling for parents.



Location: Shatti Al Qurum, Muscat.

**Tel:** +968 24699750

**Mob:** +968 96545535

E-mail: clinichappykid@gmail.com

Website : <u>www.happykidclinic.com</u>

Instagram: <u>@hkcplus</u>

# **Psychiatry Services**

#### **Top Medical Care**

Dr. Amal Ambusaidi & Dr. Aziz Al Namani Location: Building number 276, Block Number 353, Way Number 53, First floor, Al Khoudh, Seeb, Muscat Tel: +968 24511010 Mob: +968 95828250 (WhatsApp available) / +968 99174762 Email: topmedics@hotmail.com Website: www.topmedicsmuscat.com Instagram: @dr.azizalnaamani

#### **Al Harub Medical Centre**

As one of the leading healthcare facilities in Muscat, Al Harub Medical Centre (AHMC) has adopted a holistic approach to provide the Omani society with the highest standard of services aiming to improve the quality of life.

Contact: Dr. Nawal Al Mahyijari , Dr. Hamed Al-Sinawi, Dr. Roger Martin, Dr. Mohammed Al Alawi, Dr. Nada Al Balushi Email: info@alharubmedical.com Website: www.alharubmedical.com Instagram: @alharubmedical.center

#### **AL QURUM BRANCH**

Location: Way No. 2830, Building No. 2264, Sarooj, Qurum, Oman Tel: +968 24600750 Mob: +968 91705886

#### **AL MAWALEH BRANCH:**

**Location:** Way No.1958, Building No. 4492, Al Mawaleh, Muscat, Oman Tel: +968 24271789 Mob: +968 71500095

#### **Beautiful Mind Clinic**

Dr. Feras Al-Ajami Location: Seih Al Maleh Street, Oasis Building, Muscat. Mob: +968 91302313 (WhatsApp available) Tel: +968 22395953 **Email:** beautifulmindoman@gmail.com Website: www.beautifulmindoman.com Instagram: @beautifulmindoman









### SJMC Mind & Body Clinic

Dr. Saleha Al Jadida - Psychiatry and Psychology Consultation Location: Al Mazoon Street, Al Mawaleh, Muscat. **Tel:** +968 24184624 **Mob:** +968 93394295 Website: www.Sjmcoman.Net Instagram: @sjmcoman

#### Ehtwaa Clinic

Dr. Muna Al Shukaili & Dr. Yahya Al Kalbani (Child and Adolescent Psychiatry), Dr. Samar Dakak (Paediatrician), Dr. Nazik Al Said. Location: Al Izdihar Street, Mawaleh South, Muscat. Mob: +968 72201479 Email: ehtwaaclinic@hotmail.com Instagram: @ehtwaaclinic

#### **Malath Clinic**

Dr. Amna Al Shamsi & Dr. Hussein Al Abri Malath is a specialized psychological clinic, supervised by psychiatrists with long experience in psychotherapy. The clinic approaches a psychotherapy approach in synergy with pharmacotherapy. Location: Ansab Street P.B. 579, 115, Oman **Tel:** +968 24202349 **Mob:** +968 94977755 **Email:** clinic@malathclinic.com Website: www.malathclinic.com **Instagram:** @malathclinic

#### Sultan Qaboos University Hospital

Dr. Hassan Mirza & Dr Amal Sulaiman Salim Al Fahdi -**Behavioural Medicine Department Tel:** +968 24415747 Fax: +968 24413009 Email: squh@squ.edu.om Website: www.squ.edu.om/squh/









#### Whispers of Serenity

Dr. Hassan Mirza Location: Villa 3086A, Way no 6848, Al Athaiba, Muscat Mob: +968 99359779 / +968 95717168 Email: <u>info@whispers-of-serenity.com</u> Website: <u>www.whispers-of-serenity.com</u> Instagram: <u>@SerenityMuscat</u>

#### **Muscat Private Hospital**

Dr. Ziad Abdul Zaidan Tel: +968 24583600 Email: <u>info@muscatprivatehospital.com</u> Website: www.muscatprivatehospital.com/services/psychiatry/

#### **Badr Al Samaa Hospitals**

Dr. Gerald D'Costa Location: Badr Al Samaa Hospital, Ruwi Tel: +968 24799760 / +968 93932255 Email: wecare@badralsamaahospitals.com Website: https://ruwi.badralsamaahospitals.com

#### **NMC Healthcare**

Dr. Vijay Ram Naresh Location: NMC Specialty Hospital, Ghubrah, Muscat. Tel: +968-2450-4000 Fax: +968-2450-1101 Email: <u>nmc.ghoubra@nmcoman.com</u>

#### **Burjeel Hospital**

Dr. Nasser Al Sibani Location: Way No 3521, Al Khuwair, Muscat. Tel: +968 24399777 (Hotline) E-mail: bhoman@burjeel.com Website: http://burjeelhospitaloman.com/bh-oman/









ستشفى مسقط الخاد دارة بونايند مديخال

MUSCAT PRIVATE HOSPITAL



#### Al Massara Hospital

Location: Al Amerat, Muscat. Contact: Psychiatry Department Tel: +968 24873018 / +968 24873017 / +968 24873000 WhatsApp: 92141550 Emergency : +968 24873268 Website: www.moh.gov.om/en/web/almassara-hospital



#### Kims Health Hospital



Dr. Rashid Mohammed Salim Al Zaidi Location: Ruwi Street, Darsait, Muscat. Tel: +968 24760100/200/300 Emergency: +968 24760123 WhatsApp : +968 71572000 Fax: +968 2479 1747 Email: support@kimshealth.om / helpdesk@kimshealth.om Website: www.kimshealth.om

#### **Oman International Hospital**

Dr. Feras Al Ajmi & Dr Gamal Elfeky Location: Al Dhayafa St, Ghubrah, Muscat. Tel: +968 92292937 Email: <u>marketing@omanihospital.com</u> Website: <u>www.omaninternationalhospital.com</u>

#### **Gulf Specialized Hospital**

Dr. Abdulhadi Abbas & Dr. Said Salim Al Kaabi Location: Maktabi Buidling, Al Rumaila street, Al Wattaya, Muscat Tel: +968 22081700 / +968 24565008 Email: <u>info@gshoman.com</u> Website: <u>www.gshoman.com</u>





# Speech & Language Therapy Services

#### HKC+ Kids & Family

HKC+ is the first Omani specialized paediatric clinic in the Sultanate of Oman. We provide health care for children and pay attention to growth and development, preventive care and constant and continuous counselling for parents. **Location:** Shatti Al Qurum, Muscat.

**Tel:** +968 24699750

**Mob:** +968 96545535

E-mail: clinichappykid@gmail.com

Website : www.happykidclinic.com

Instagram: @hkcplus

#### Super Quality Hearing Aid & Speech Therapy Centre

We provide our services in the field of Rehabilitation, Audiology and Speech Therapy services. We are suppliers of unique turnkey solutions ranging from Diagnostic Equipment's, Hearing Aid, Cochlear Implant, Bone Conduction Implant, Tinnitus Diagnostic & Treatment, Assistive Listening Devices, Accessories, Sound Proof Rooms and much more. Location: Villa No 1589, Way 3019, Hayy Al – Sarooj, Muscat Tel: +968 24604114 (Muscat) / 26700875 (Sohar) Mob: +968 96509191 / +968 94339191 Email: contact@hearingaidsoman.com & vikrantmalik2000@gmail.com

Website: www.hearingaidsoman.com

<u>The Clinic</u> Location: Flat No. 24, Floor P (2<sup>nd</sup>) Bldg. No 128, Block No 246, 18<sup>th</sup> November Street, Muscat. Tel: +968 24496687 Mob: +968 99776963 WhatsApp: +968 91298808 Email: theclinicstc@gmail.com







#### Tawasul – Hearing & Speech Therapy

Services Includes:

#### 1. Audiology

We provide almost all hearing tests like:

- Pure Tone Audiometry Test (PTA)
- Immitance Test: Tympanometry & Acoustic Reflexes
- Auditory Brainstem Response (ABR)
- Speech Audiometry Test
- Otoacoustic Emissions (Oaes)
- CPA (Conditioned Play Audiometry)

#### 2. Hearing Aids

- Selling all kinds of Hearing Aids
- Fitting hearing Aid
- Maintenance of hearing Aids
- Tenders

#### 3. Speech Therapy

- Auditory Verbal Therapy AVT
- Speech Therapy for Autism
- Stuttering Therapy
- Phonological Disorders therapy
- Apraxia of speech
- Speech therapy for special needs kids

Location: Al Seeb Street, next to Clark Shoes, Southern Hail, Muscat Tel: +968 24288483 / +968 7941 8333 Mob: +968 94683033 / +968 79418333 (Al Hail) +968 94234810 / +968 92307069 (Al Ghubrah) Email: info@Tawasul-oman.com Website: www.Tawasul-oman.com Instagram: @tawasul.oman

#### **Therapedia**

Pediatric Rehabilitation Center Location: Al Khuwair South Mob: +968 71609994 / +968 71609995 Email: <u>info@therapediaoman.com</u> Instagram: @therapedia.om





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#### **Swedish Center**

Location: Swedish Center - Al Khoud Branch Tel: +968 24536414 Mob: +968 71112296 Email: <u>dr.hazem@swedishcenter.care</u> Website: <u>www.swedishcenteroman.com</u> Instagram: @swedishcenter

#### Al Harub Medical Centre

As one of the leading healthcare facilities in Muscat, Al Harub Medical Centre (AHMC) has adopted a holistic approach to provide the Omani society with the highest standard of services aiming to improve the quality of life.

Email: <u>info@alharubmedical.com</u> Website: <u>www.alharubmedical.com</u> Instagram: @alharubmedical.center

#### AL QURUM BRANCH

Location: Way No. 2830, Building No. 2264, Sarooj, Qurum, Oman Tel: +968 24600750 Mob: +968 91705886

#### AL MAWALEH BRANCH:

Location: Way No.1958, Building No. 4492, Al Mawaleh , Muscat, Oman Tel: +968 24271789 Mob: +968 71500095

#### Saham Ayurvedic Hospital & Health Center LLC

Comprehensive authentic Ayurvedic treatments with excellent services from the departments of Yoga, Physical medicine and Rehabilitation, Physiotherapy & Speech therapy aids in designing an integrated customised treatment for the patients. Location: Muscat / Saham Tel: +968 26721707 (Hospital) / +986 24961499 (Clinic) Mob: +968 99230005 (Muscat) / +968 97000533 (Saham) WhatsApp: +968 9923 0005 Email: info@sahamayurhospital.com Website: www.sahamayurhospital.com Instagram: @sahamayurhospital







# **Muscat Rehabilitation Center**

Offers service in both English & Arabic. Location: Al Azaiba, Muscat. Tel: +968 24615019 Mob: +968 93501770 / 91371388 Email: mrc0man.om@gmail.com / nada.aljebal2023@gmail.com Instagram: @mrc0man

# Hams Al-Atheer Rehab Centre

Location: Al Khoudh / Azaiba / Suwaiq Mob: +968 99077232 +968 93250556 (Al Khoud Branch) +968 99839655 (Azaiba Branch) +968 97863333 (Suwaiq Branch) Email: hams.alatheer99@gmail.com Instagram: @hams.alatheer

# Scientific Rehabilitation Hospital

Location: Seeb, Muscat. Tel: +968 22399990 Mob: +968 72686444 Email: <u>scientificrehaboman@gmail.com</u> Instagram: <u>@srh.om</u>

# **Recovery Station**

Physiotherapy & Rehabilitation Centre Location: Ghubra, 18 November Street, Opposite Chedi Hotel and Hurmoz Petrol Station Mob: +968 78049116 / +968 78896479 Email: info@recoverystations.com Website: www.recoverystations.com Instagram: @recoverystation\_









Al Manayer Rehabilitation Centre Location: Seeb, Muscat. Mob: +968 97820167 Email: <u>al-manayer-mac@hotmail.com</u> Instagram: <u>@al\_manayer\_mac</u>

Horizon Rehabilitation Center Location: Al Khoudh, Muscat. Mob: +968 79306466 Email: horizon.autism@gmail.com Instagram: @horizon rehab center

# Creative Center for Rehabilitation / Creative Therapy

Creative Center for Rehabilitation is a private center located in the Sultanate of Oman. We offer a comprehensive program that promotes students' cognitive, academic, social, communication and motor development.

Our center also offers Speech and Language Therapy, Occupational Therapy, Behavioral Therapy and Physiotherapy. Location: Way no. 6305, Villa no. 333, South Mabela, Muscat. Mob: +968 94381300 / +968 99819234 (English) / +968 96458451 (Arabic) Email: admin@creativetherapy-oman.com / ccrmabela@gmail.com Website: www.creativetherapy-oman.com Instagram: @creative therapy oman

# Al Methali Rehabilitation Centre

Services: Physiotherapy, Occupational Therapy, Special Education, Speech & Communication Therapy, Mental Health. Location: Mawaleh North, Muscat Tel: +968 24987529 / +968 24498529 Mob: +968 95290400 (WhatsApp) Email: Aldarei.med.rehab@gmail.com

Instagram: @arc.oman









#### **Eshraq Rehabilitation Center**

Location: House Number 9127, Way Number 894, Al Mawaleh North, Muscat. Tel: +968 24553174 Mob: +968 71730413 Email: <u>info@eshraqrehabcenter.com</u> Website: <u>https://www.eshraqrehabcenter.com/en/</u> Instagram: <u>@eshraqrehab</u>



#### Al Huda Rehabilitation Center

Location: Al Amerat, Muscat. Mob: +968 92694252 Email: <u>alhuda.r.center@gmail.com</u> Instagram: <u>@alhuda.rehabilitation.center</u>

Integrated Medical Rehabilitation Centre Location: North Ghubra Mob: +968 94760333 Email: <u>imrcservice@gmail.com</u> Instagram: @alshamil\_rehab



للتأهيا

Rehabili

#### Association of Early Intervention for Children with Disability

The centre offers its services to children with disability from birth to 9 years. We provide assessment and rehabilitation services, special education classes, home visits, and family counseling, and promote the rights of children with disabilities. Location: Near Al Amal Club, Ghala, Muscat Tel: +968 21027200 Mob: +968 92169931 / +968 99739359 Email: info@earlyintervention.om Website: www.earlyintervention.om Instagram: @aeicd



# **Occupational & Physical Therapy Services**

## Muscat Rehabilitation Center \*\*\*

Offers service in both English & Arabic. Location: Al Azaiba, Muscat. Tel: +968 24615019 Mob: +968 93501770 / 91371388 **Email:** mrc0man.om@gmail.com / nada.aljebal2023@gmail.com Instagram: @mrc0man

## Al Harub Medical Centre\*\*\*

As one of the leading healthcare facilities in Muscat, Al Harub Medical Centre (AHMC) has adopted a holistic approach to provide the Omani society with the highest standard of services aiming to improve the quality of life.

Email: info@alharubmedical.com Website: www.alharubmedical.com Instagram: @alharubmedical.center

# **AL QURUM BRANCH**

Location: Way No. 2830, Building No. 2264, Sarooj, Qurum, Oman Tel: +968 24600750 Mob: +968 91705886

# German Orthopaedic Centre\*\*

Location: Villa No 1529, Way 4919, Al Maha Street, Al Khuwair 33, Muscat. Tel: +968 24486711 & +968 24485866 Fax: +968 24487728 Email: orthpaed@omantel.net.om

Location: Way No.1958, Building No. 4492, Al Mawaleh, Muscat, Oman Tel: +968 24271789 Mob: +968 71500095









#### Khoula Hospital\*\*\* **Tel:** +968 24563579 Fax: +968 24561445 Email: khoula-hos@moh.gov.om

Armed Forces Medical Service \*\*\* **Occupational Therapy Department** Tel: +968 24331931 Emergency: +968 24331997

Muscat Private Hospital\*\* Tel: +968 25583600/601/602/603/604 Fax: +968 24503550 Website: www.muscatprivatehospital.com

# Finland Osteopathy Clinic\*\*\*

Tel: +968 24482836 & 24481831 Mob: +968 95202930 Website: www.osteopathy-oman.com Facebook: https://www.facebook.com/Osteopathyoman

# Al Anzoor Physiotherapy & Rehab\*\*

Al-Anzoor Physiotherapy Group started providing services since 1995 through Al-Anzoor Physiotherapy Complex, our first branch in Manama, Bahrain. In January 2017, Al-Anzoor Physiotherapy Muscat located in Bosher, started providing services to patients in Sultanate of Oman.

Location: Al Aula Building, No.84, Way No.23, Bausher Street, Phase-1, Al Ghubrah South – Bausher, Muscat. Tel:+968-24228000

Email: info@alanzoor.com

Website: https://alanzoor.com/al-anzoor-physiotherapy-muscat/









ستشفى مسقط الخاد MUSCAT PRIVATE HOSPITAL

#### Dr. Kauthar Al Busaidi Physiotherapy & Rehabilitation Centre\*\*

Tel: +968 24535651 / +968-2453-565 (Al-hail ) /+968-2237-3038 (Qurum ) Mobile: +968-9760-9858 (Al-hail) / +968-9354-1935 (Qurum ) Facebook: <u>https://www.facebook.com/Dr-Kauthar-Al-Busaidi-Physiotherapy-</u> Rehabilitation-Centre-111027317134430/

<u>Burjeel Hospital</u>\*\*\* Location: Way No 3521, Al Khuwair, Muscat. Tel: +968 24 399777 (Hotline) E-mail: bhoman@burjeel.com Website: http://burjeelhospitaloman.com/bh-oman/

#### **Piyavate Rehabilitation and Physiotherapy Center (Thailand)**\*\*\*

Location: Taiba Building No 1635, Al Khuwair, Way No 3920, Muscat, Oman Mob:+968 90991144 / +968 90991166 / +968 90991155 Email: <u>info@piyavategulf.com</u> Website: <u>www.piyavategulf.com</u> Instagram: <u>piyavate.om</u>

#### Creative Center for Rehabilitation / Creative Therapy\*\*\*

Creative Center for Rehabilitation is a private center located in the Sultanate of Oman. We offer a comprehensive program that promotes students' cognitive, academic, social, communication and motor development.

Our center also offers Speech and Language Therapy, Occupational Therapy, Behavioral Therapy and Physiotherapy. Location: Way no. 6305, Villa no. 333, South Mabela, Muscat. Mob: +968 94381300 / +968 99819234 (English) / +968 96458451 (Arabic) Email: admin@creativetherapy-oman.com / ccrmabela@gmail.com Website: www.creativetherapy-oman.com

Instagram: @creative therapy oman



مردز بياويت التايلندي لتنافيل الطبي والعلاج الطبيعي من م PIYAVATE REHABILITATION AND PHYSIOTHERAPY CENTER (THAILAND) LLC







#### Hams Al-Atheer Rehab Centre\*\*\*

Location: Al Khoudh / Azaiba / Suwaiq Mob: +968 99077232 +968 93250556 (Al Khoud Branch) +968 99839655 (Azaiba Branch) +968 97863333 (Suwaiq Branch) Email: hams.alatheer99@gmail.com Instagram: @hams.alatheer



#### Eshraq Rehabilitation Center\*

Location: House Number 9127, Way Number 894, Al Mawaleh North, Muscat. Tel: +968 24 553 174 Mob: +968 717 304 13 Email: <u>info@eshraqrehabcenter.com</u> Website: <u>https://www.eshraqrehabcenter.com/en/</u> Instagram: <u>@eshraqrehab</u>



#### HKC+ Kids & Family \*

HKC+ is the first Omani specialized paediatric clinic in the Sultanate of Oman. We provide health care for children and pay attention to growth and development, preventive care and constant and continuous counselling for parents.
Location: Shatti Al Qurum, Muscat.
Tel: +968 24699750
Mob: +968 96545535
E-mail : clinichappykid@gmail.com
Website : www.happykidclinic.com
Instagram: @hkcplus

Tawasul – Hearing & Speech Therapy\*

Location: Al Seeb Street, Muscat. Tel: +968 7941 8333 Email: info@Tawasul-oman.com Website: www.Tawasul-oman.com Instagram: @tawasul.oman





### Saham Ayurvedic Hospital & Health Center LLC\*\*

Comprehensive authentic Ayurvedic treatments with excellent services from the departments of Yoga, Physical medicine and Rehabilitation, Physiotherapy & Speech therapy aids in designing an integrated customised treatment for the patients. Location: Muscat / Saham Tel: +968 26721707 (Hospital) / +986 24961499 (Clinic) Mob: +968 99230005 (Muscat) / +968 97000533 (Saham) WhatsApp: +968 9923 0005 Email: info@sahamayurhospital.com Website: www.sahamayurhospital.com Instagram: @sahamayurhospital

#### Therapedia\*\*\*

Pediatric Rehabilitation Center Location: Al Khuwair South Mob: +968 71609994 / +968 71609995 Email: info@therapediaoman.com Instagram: @therapedia.om

#### Scientific Rehabilitation Hospital\*\*\*

Location: Seeb, Muscat. Tel: +968 22399990 Mob: +968 72686444 Email: <u>scientificrehaboman@gmail.com</u> Instagram: <u>@srh.om</u>

#### Recovery Station\*\*

Physiotherapy & Rehabilitation Centre Location: Ghubra, 18 November Street, Opposite Chedi Hotel and Hurmoz Petrol Station Mob: +968 78049116 / +968 78896479 Email: info@recoverystations.com Website: www.recoverystations.com Instagram: @recoverystation\_









#### Al Manayer Rehabilitation Centre\*\*\*

Location: Seeb, Muscat. Mob: +968 97820167 Email: <u>al-manayer-mac@hotmail.com</u> Instagram: <u>@al\_manayer\_mac</u>

#### Horizon Rehabilitation Center\*\*\* Location: Al Khoudh, Muscat.

Mob: +968 79306466 Email: <u>horizon.autism@gmail.com</u> Instagram: <u>@horizon\_rehab\_center</u>

#### Al Methali Rehabilitation Centre\*\*\*

**Services:** Physiotherapy, Occupational Therapy, Special Education, Speech & Communication Therapy, Mental Health. **Location:** Mawaleh North, Muscat

Tel: +968 24987529 / +968 24498529 Mob: +968 95290400 (WhatsApp) Email: <u>Aldarei.med.rehab@gmail.com</u> Instagram: @arc.oman

#### Al Huda Rehabilitation Center\*

Location: Al Amerat, Muscat. Mob: +968 92694252 Email: <u>alhuda.r.center@gmail.com</u> Instagram: <u>@alhuda.rehabilitation.center</u>

#### Integrated Medical Rehabilitation Centre\*\*

Location: North Ghubra Mob: +968 94760333 Email: <u>imrcservice@gmail.com</u> Instagram: <u>@alshamil\_rehab</u>











#### Association of Early Intervention for Children with Disability\*\*\*

The centre offers its services to children with disability from birth to 9 years. We provide assessment and rehabilitation services, special education classes, home visits, and family counseling, and promote the rights of children with disabilities. Location: Near Al Amal Club, Ghala, Muscat Tel: +968 21027200 Mob: +968 92169931 / +968 99739359 Email: info@earlyintervention.om Website: www.earlyintervention.om Instagram: @aeicd

\*Offer only occupational therapy services

\*\*Offer only physiotherapy services

\*\*\*Offer both occupational therapy and physiotherapy services

# **Independent Practitioners**

#### Lone Sorensen

Kids Temprana Reflex Therapy **Tel:** +(968) 98141239 **Email:** sorensensistem@gmail.com

#### Dr. Nuhaila Al- Rawahi, Educational Psychologist.

Dr. Nuhaila a registered practitioner psychologist who meets the Health and Care Processional Council (HCPC) standards in the U.K. Dr. Nuhaila, is a freelance Educational Psychologist who works in various educational settings including; nurseries, schools, special schools, colleges and universities.

Services offered:

- One-to-one assessments (observations, standardized assessments, play based assessments and dynamic assessments)
- Consultations
- Training for school staff and/or parents
- Whole school approach (e.g. school policies)
- Support with Individual Educational Plans (IEPs)
- Assessments for exam concessions

**Tel:** + (968) 95456116

Email: Nuhaila@gmail.com

#### Dr. Masooma H. Al Saleh (D.Ed)

Early childhood and disability educationalist; earner her Doctorate degree in Special Education from Sheffield in 2010. She works with Special Needs children and their families providing consultative services. She trains and facilitates Special Needs teachers through training courses and workshops, as well as Early Childhood diploma level course in Montessori Pedagogy.

Location: Al Qurm, Muscat.

Contact: Dr. Masooma

Mob: +968 95479538

Email: masoomah@montessorioman.com

Jane Jaffer (SAC Dip) Person Centered Counsellor Mob: +968 99314230 Email: elixirhfc@hotmail.com

## Siegrun Samira Rengert

Nutritionist Location: Madinat Sultan Qaboos, Muscat Mob: 97673775 Email: <u>filfilandloomi@hotmail.com</u> / <u>info@filfilandloomi.com</u> Facebook: https://www.facebook.com/filfilandloomi

#### Sarah Al Maawali (Msc (Language & Communication Impairment), BA.)

Johanson Individualised Auditory Stimulation (JIAS) Provider Location: Inspire Educational Consultancy, Bait Majan, Way No. 2114, Bldg No. 807A, Madinat Al Sultan Qaboos, Muscat. Mob: +968 72560757 (Sarah Al Maawali) Email: <u>stminspire@gmail.com</u> Website: <u>www.nsinspire.com</u>

# Art Therapy

### Whispers of Serenity Clinic

Art and Drama Therapy Location: Villa 3086A, Way no 6848, Al Athaiba, Muscat Mob: +968 99359779 / +968 95717168 Email: info@whispers-of-serenity.com Website: www.whispers-of-serenity.com Instagram: @SerenityMuscat



#### Al Harub Medical Centre

As one of the leading healthcare facilities in Muscat, Al Harub Medical Centre (AHMC) has adopted a holistic approach to provide the Omani society with the highest standard of services aiming to improve the quality of life.



Contact: Laura Nofal – Art Psychotherapist

Laura is an Accredited Art Psychotherapist who believes that through Art people can express and explore feelings that may be confusing or difficult to communicate verbally. Through Art Psychotherapy, Laura provides a creative and conversational space to explore and view issues in a critical and curious manner to help them gain insight, process emotions, and develop a deeper understanding of themselves. She combines art therapy and psychotherapy to help individuals explore and address emotional, psychological, and behavioral issues.

Email: info@alharubmedical.com

Website: <u>www.alharubmedical.com</u> Instagram: @alharubmedical.center

#### **AL QURUM BRANCH**

Location: Way No. 2830, Building No. 2264, Sarooj, Qurum, Oman Tel: +968 24600750 Mob: +968 91705886

#### AL MAWALEH BRANCH:

Location: Way No.1958, Building No. 4492, Al Mawaleh , Muscat, Oman Tel: +968 24271789 Mob: +968 71500095

# Children's Activities & Other Useful Services

# Libraries

Public Knowledge Library Tel: +968 24673111 Website: www.publiclibrary.gov.om

#### Let's Read

The Let's Read Campaign began in 2007 with the aim of promoting the love of reading to children in Oman. In 2013, we were able to purchase and convert a bus into a mobile library.



Maktabati, Oman's first mobile library, now tours around Oman's interior, visiting schools, fairs and festivals, giving children access to Ministry of Education approved, good quality children's books; fact and fiction, in both Arabic and English, and giving children the opportunity to develop a love of reading.

The mobile library is in great demand and the children get very excited when the bus arrives in the school playground. Last year Maktabati distributed 21,840 books to children across the country.

Oman's first charity bookshop; The Let's Read Book Shop operates from the Al Qurum Complex (shop 116). It offers a huge selection of previously enjoyed books for all the family. The shop is open from 10am to 1pm and from 5pm to 7pm every day (except Friday 5pm to 7pm only). The books cost between 1 and 2 rials. All proceeds go to support Maktabati, Oman's

first mobile library, and our campaign to promote the love of reading to children in Oman. Volunteers welcome.

Mob: +968 93331989 (Hatim Al Mamari)

Email: <a href="mailto:letsreadoman@gmail.com">letsreadoman@gmail.com</a> (Jane Jaffer)

Facebook: <u>https://www.facebook.com/groups/Letsreadoman/?fref=ts</u> Twitter: <u>@LetsReadOm</u>

#### **Children's Public Library**

Location: Next to Children's Museum and Museum of Natural History, Al Qurm Tel: +968 24605359 Email: <u>info.cploman@gmail.com</u> Website: <u>www.cploman.com</u> Instagram: <u>cploman</u>

#### Olson Family Library

Location: Ghubrah Beach Mob: +968 97212137 Website: <u>https://linktr.ee/olsonfamilylibrary</u> Instagram: <u>@olsonfamilylibrary</u>

#### Muscat Mums

Muscat Mums is a support network for families living in Muscat, promoting a sense of community and friendship. We aim to provide a range of useful resources including

playgroups, lending libraries, discounts with local businesses and social events that enrich the experience of raising a family in Muscat.

Email: mail@muscatmums.com

Website: <u>www.muscatmums.wildapricot.org</u> Instagram: <u>@muscatmums</u>

# **Education**

#### Mad Science

We make it our mission to spark imaginative learning! Mad science is the leading science enrichment provider for children in kindergarten through to grade 6. We deliver unique, hands-on science experiences to children.

Our programs are divided into 6 main categories:

- After-school programs
- In-class workshops
- Birthday parties
- Summer and vacation camps
- Special events









Preschool programs
 Location: Al-Hail, Muscat.
 Tel: +968 9588 2349
 Email: vickie@myeduzone.org

#### <u>Mathnasium</u>

The Math Learning Center Location: Azaiba North, Street No. 246, 18th Nov Street, Bldg 1109, Muscat. Tel: 97966665 -97977778 Email: info@mathnasiumoman.com Website: http://mathnasiumoman.com

#### <u>Kidsity</u>

We bring science, technology, engineering, art and math to kids in a fun and interactive way. Location: Mall of Oman, Level 1 Mob: +968 94051495 Email: <u>info@kidsity.net</u> Website: <u>https://www.kidsity.net/</u> Instagram: <u>@kidsity\_om</u>

<u>Brainobrain Oman</u> Skill Development Program. 5 -14 year kids. Website: <u>www.brainobrainoman.com</u> Instagram: <u>@brainobrain\_oman</u>



#### Al Ghubra Branch

Location: Ali Shaihani Tower 1, Bldg no; 317, Showroom No: 3, Sulthan Qaboos Street, Way No; 4030, North Al Ghubra. Near Oman Olympic Committee office.
Tel: +968 24136677
Mob: +968 71176107
Email: <u>brainobrainoman1@gmail.com</u>

#### Ruwi/Wadi Kabir Branch

**Location:** Unique Building, Way No: 6926, Bldg No: 1716, Ground Floor, Near Indian School Wadikabir Primary, Al Wadi Al Kabir, 112 Muscat

Mob: +968 71516180 Email: <u>brainobrainoman2@gmail.com</u>

# Cooking

Master Chef: Institute of Culinary Arts Location: House 998, Way no 2118, Madinat Qaboos, Muscat. Tel: 24607606/24603602 Mobile: +968 99426636 Email: masterchefoman@gmail.com

# **Movement & Physical Activity**

#### **Unlimited Sports Academy**

Global Sports Partners (GSP Oman) is honored to open an adaptive sports academy in Oman! We are excited for all children, regardless of special need or disability, to be able to learn about basketball in

a secure and safe environment and to have fun with their peers. GSP Oman aims to provide an opportunity for every child and hope to serve the following communities: people with any physical disability, Down Syndrome, Autism, and various other special needs. We want to include everyone and believe in the chance for your child to participate in sports.

Tel: +968 79601717 Email: <u>unlimitedsportsoman@gmail.com</u>

Instagram: <u>@gsp\_oman</u>

#### <u>My Gym</u>

My Gym has developed an extraordinary program and facility devised to help children 6 weeks thru 10 years of age develop physically, cognitively and emotionally. We have hundreds of locations in more than 30 countries offering structured, age-appropriate, weekly classes that incorporate music, dance, relays, games, special rides, gymnastics, sports and more.







Children have loads of fun as they gain strength, balance, coordination, agility and flexibility while developing social skills, confidence and self-esteem. Our state-of-the-art facility, extensively trained staff, award-winning class programs, and excellent student/teacher ratio have earned My Gym the reputation as the best early learning program of its kind **Location:** Panorama Mall

Tel: +968 93203322 Website: <u>http://www.mygym.com/muscat</u> Facebook: <u>https://www.facebook.com/MygymMuscat</u> Instagram: @mygymmuscat

#### The Academy Muscat

The Academy Muscat offers a range of children's sports, recreation and music activities. It offers activities taught by the highest level of expert providers available to both children and adults.

Tel: +968 9239905 (WhatsApp available) Email: <u>enquiries@academymuscat.com</u> Instagram: @the\_academy\_muscat

#### **Rio International Academy**

Rio Football Academy and Rio Swim Academy Location: Seeb, Bousher, Salalah Mob: +968 77181337 / +968 72793331 Email: <u>info@riointsports.com</u> Website: <u>www.riointsports.com</u> Instagram: @riointernationalacademy



#### **Muscat Sports Academy**

A world class sports academy that nurtures the talents and passion of young athletes to unlock their full potential.

4 – 18 years of age **Mob:** +968 72666698 **Instagram:** @muscatsportsacademy

# Whispers of Serenity (Yoga)

Location: Villa 3086A, Way no 6848, Al Athaiba, Muscat Mob: +968 99359779 / +968 95717168 Email: <u>info@whispers-of-serenity.com</u> Website: <u>www.whispers-of-serenity.com</u> Instagram: @SerenityMuscat



We have been a renowned Muscat area Yoga Studio since Jan 2018. At InnerChi Center, we bring a unique approach to teaching and healing — one that is focused on self-inspiration and which embodies the physical, spiritual, and emotional aspects of wellbeing.

Location: Sayh Al Malih, Oasis Building, Qurm, Muscat. Mob: +968 71906060 Opening Timings: Sun to Thurs 9 AM – 1:00 PM, 4:00 PM – 8:00 PM Website: https://innerchicentre.com/

#### Pro Tennis

**Pro Tennis Oman** is a source of sporting excellence and a destination of choice for health, fitness and wellbeing. We aim to enrich the lives of the communities and members whom we serve by providing innovative programmes and employing inspirational and high experienced people.



Since 2009 Pro Tennis Oman is proudly affiliated with the Oman Tennis Association and offers fantastic programs with a large variety of activities. We are well recognized in Oman with a high level of tennis experience delivering coaching to both the local community and also to students from all over the world. All of our coaches are licensed or registered either with PTR (Professional Tennis Registry) or the USTA (United States Tennis Association).

Contact: Diana Maria

Mob: +968 97608960 & +968 97608572

Email: protennisoman@yahoo.com

Website: http://www.protennisoman.com/

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#### The Little Gym

The Little Gym is the world's premiere enrichment and physical development center for kids 4 months through 12 years. Our professionally developed, non-competitive programs have been designed to build motor skills in a fun and nurturing environment, while fostering enhanced emotional, intellectual and social skills.

Children are encouraged to try their best, not to be the best. This philosophy has served The Little Gym and its members well and it now sets the standard for high quality children's developmental programs.

Our gymnastics based curriculum will help increase your child's flexibility, balance and coordination while also improving listening skills, attention span and the ability to follow instructions.

Location: The Dolphin Village, Muscat. Tel: +968 24596018 / 94681515 Email : <u>thelittlegymmuscat@gmail.com</u>

#### Juventus Academy Oman

Tel: +968 24572700 & +968 24572711 Email: <u>info@arsenalsoccerschooloman.com</u> Website: <u>http://www.juventusacademyoman.com/</u>

#### Golden Boy Academy

Our goal at GBA is to improve your kids skills. Our head coach is Mr Alex Al Hatib a Spanish coach holding the UEFA Pro license in football Training. Assisting him is Roger Guy A Belgian footballer who played in several leagues before joining the Academy early 2018. Along with them coach Aqeel Al Khalili and Khalfan Al Hisini are the other two coaches who were recommended to us by OFA and have been with us from the start. **Mob:** +968 92888406 /94942606

Email: info.gbaoman@gmail.com Instagram @gbaoman





#### The Champ

Our activities are seasonal and of the most popular are Karate, Taekwondo and Capoeira, as well as Salsa, Zumba, Yoga, Kick Boxing, TRX Training. We also offer Break Dance Classes. We are constantly exploring the opportunities for more innovative activities and we will expand to include cycling, swimming. We also provide space, organization and management for sporting and artistic events.



Mob: +968 90961234 Email: <u>thechampoman@gmail.com</u> Website: <u>http://thechampoman.com/</u> Instagram: <u>@thechampoman</u>

#### Ruwi Branch

**Location:** 1st floor, Qurum house building, near centerpoint **Mob:** +968 72881234

Al Khuwair Branch

**Location:** Champ Building, Near Zawawi Masjid, Behind Red Tag **Mob:** +968 72061234

Ghala Branch Mob: +968 71311234

#### **Muscat Gymnastics**

Muscat Gymnastics is the first gymnastics center in Muscat, Oman! We teach gymnastics classes to children aged 2 and above in preschool, recreational and competitive programs. The modern facility is

activities & sports centre

conveniently located in Seeb, close to Seeb City Center and has state of the art professional gymnastics Equipment approved by the International Gymnastics Federation. Our qualified, certified and experienced staff will guide your child lesson by lesson making gymnastics time their favorite time!

Location: Behind Holiday Inn Hotel & next to Cake Gallery, Al Mawaleh Area Tel: +968 22022030 Mob: +968 99205250 Email: info@muscatgymnastics.com

Website: http://muscatgymnastics.com/

### **Tekkers Sports Center**

Tekkers sports center is the first private indoor sports center in Oman. The center contains two padel courts custom made to accommodate the theme of the sports center and to the

highest specifications, a spacious and open badminton court. In the center is a topend multipurpose court designed to accommodate futsal, basketball, volleyball, and tennis without any compromises to player safety and game play.

Location: Qurum, Muscat

Tel: +968 79926377

Email: <a href="mailto:sales@tekkersoman.com">support@tekkersoman.com</a> Website: <a href="https://tekkersoman.com/">https://tekkersoman.com/</a>

#### Padel Addicts

Padel Addicts is a club for devoted Padel players who want to enhance and grow their Padel talents by learning, playing, socializing, and competing in international competitions on the finest Italian courts. Padel lessons, tournaments, social match play, food and beverages, and much more are available.

Location: Ghala Heights, Muscat Tel: +968 24 238877 Email: <u>marketing@padeladdictsom.com</u> Website: https://padeladdictsom.com

#### Trampo Extreme

At our park you can enjoy a jump on our connected trampolines, slam dunk some Basketballs, skydive into our foam pit or huge Air Bag, climb on our interactive wall, play Dodge Attack with your friends and practice your acrobatic skills on our trapeze. Location: Ghala Heights, Muscat Tel: +968 7999 8470 Website: https://trampo-oman.com/

# **Orion Gymnastics Oman**

Location: Bowsher Mob: +968 90111800 Instagram: @oriongymnastics.om







**ORION GYMNASTICS** 





swimming center

Funtazmo Kids (Soft play area) Location: Oman Avenues Mall, First Floor Tel: 24594286 Email: inf@funtazmo.com Website: http://funtazmo.com/kids/

# **Kids Sandbox**

Indoor medical sandplay area **Location:** Al Khuwair Service Road, 1<sup>st</sup> Floor, Viva Super market building, Parking & entrance behind building, Muscat, Oman **Mob:** +968 78730201 Email: kidssandboxoman@gmail.com Instagram: @kids.sandboxoman

## **Crocodile Academy**

Offers swimming courses for children with Special Needs Mob: +968 96103577 Instagram: <u>@crocodile\_academy.om</u>

#### **Expert Swimming Center**

Expert Swimming Center is a brand new swimming school in Muscat which offers high quality swimming teaching. The ESC is supervised by the former Head Coach of the Omani National Swimming Team, who is acting as consultant and is responsible for the professional swim teaching methodology. ESC is operating with certified Coaches from Europe. Location: LFM, French school of Muscat (nearby Muscat Hills) Mob: +968 91134406/ 99542094 Email: contact@expertswimmingcenter.com Website: <a href="http://www.expertswimmingcenter.com">http://www.expertswimmingcenter.com</a>

**Aqua-Tots- Swim Schools Location:** 6142 Hay Al Kawthar 3454/1, Seeb Club, Muscat. Telephone: +968 24288000 Email: muscatinfo@aqua-tots.com Website: <a href="https://www.aqua-tots.com/muscat/">https://www.aqua-tots.com/muscat/</a>









KIDS SANDBOX

#### **BritSwim**

BritSwim is for everyone. We teach every age, and every level: we offer parent- and-baby sessions, kids' classes from beginner to stroke development, adult instruction, and special needs programmes. We hold our classes in temperature controlled swimming pools at premium locations around Muscat, including the Intercontinental Hotel, PDO, and the British School Muscat.

BritSwim also operates swimming instruction programmes for schools and other institutions.

Location: InterContinental, Muscat. Mob: +968 94756911 Email: <u>hello@britswim.com</u> Website: http://www.britswim.com/

#### Nautilus Swimming Club

Location: Knowledge Gate International School (Muscat) Al Batinah International School (Sohar) Mob: +968 91791791 (Muscat)/ +968 94794794 (Sohar) Email: info@nautilusswimmingclub.com Website: https://www.nautilusswimmingclub.com/ Facebook: https://www.facebook.com/nautilusswimmingclub Instagram: @nautilusswimming

# **Horse Riding**

#### **Qurm Equestrian**

The Equestrian School is one of the best equipped in the Sultanate of Oman and provides facilities for every discipline of horsemanship, and at every level of experience. From the beginner to the expert, horse riding at Q.E offers a new level of instruction, of experience and of enjoyment. The Equestrian staff and trainers are fully-qualified specializing in horse riding

programmes, including, trail riding, beach rides and jumping classes. **Location:** Qurum Park, Muscat.

# Mobile: +968 99832199

Tel: +968 24700844

Facebook: <a href="https://www.facebook.com/Qurum-Riding-School-103324585145052/">https://www.facebook.com/Qurum-Riding-School-103324585145052/</a>





NAUTILUS SWIMMING CLUB



<u>Creo Equestrian Riding School</u> Mobile : +968 95915555(Lynn) / +968 97641354 (Janaka) Email: <u>lynn@creoequestrian.com</u> <u>admin@creoequestrian.com</u> Instagram: <u>@creoequestriann</u>

Masaar Academy for Equestrian Mob: +968 76868202 Email: MasaarAcademy1@gmail.com Instagram: @masaar.academy



# **Music Based Activities**

## **Classical Arts & Music Institute**

Come learn in the comfort of our villa located in the heart of Qurum. Instructors at the institute are all certified, with international music degrees. Choose between tailored lessons, formal assessment courses and specialized courses. Our students also have the opportunity to participate in our biannual recital program. Location: Fouhood Street No 53, Qurum, Muscat. Mobile: +968 95454 666

Email: <a href="mailto:lessons@tunesoman.com">lessons@tunesoman.com</a> Facebook: <a href="https://www.facebook.com/Classic.Music.and.Arts.Institute">https://www.facebook.com/Classic.Music.and.Arts.Institute</a> Website: <a href="https://www.classicmusic.institute/">https://www.facebook.com/Classic.Music.and.Arts.Institute</a>

#### Music Palace

A music & art school created for children and adults. We offer classes in piano, guitar, drums, violin, ballet and arts & crafts.

Mob:+968 99413076

**Tel:** +968 24548415

Email: bassil.michel@gmail.com

Instagram: @music palace muscat

#### **Play Tunes Institute of Music**

Email: <a href="mailto:lessons@playtunes.institute">lessons@playtunes.institute</a> Website: <a href="mailto:www.playtunes.institute">www.playtunes.institute</a>

**Location:** 18th November Street, Villa 464 (Next to Sultan Center) – Azaiba Branch **Mob:** +968 95454888

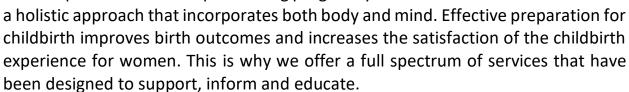
Location: Street No. 53, Qurum, Muscat – Qurum Branch Mob: +968 95454666

# Pre & Post Natal Care

Fitnessguru Prenatal & Postnatal Classes Mobile : +968 9139 9435 Email: info@fitnessguruoman.com

#### <u>Nine</u>

Nine is the first center providing education, support, informed choice, continuity of care and advocacy for mothers and babies in Oman. At NINE, we aim to help couples gain confidence about becoming parents. Our center compliments the clinical services that couples receive in hospital during pregnancy. We believe in



Tel: +968 24124877 Mob: +968 99019648 Email: nine@nine.om





# Others

# <u>Dira Kids</u>

The vision for Dira Kids is to prepare a generation to be equipped with the tools that enable heart based action, resulting in a more



peaceful existence, both inner and outer. Dira Kids is a platform for children to empower them to connect to their inner voice and the world around them. The program provides tools for children to deal with emotions and limiting beliefs by interacting with plants and animals, and understanding their connection to everything that exists. We use a holistic approach of physical, mental, emotional and spiritual wellbeing. We offer a separate Dira Youth program for adolescents as a bridge to the adult wellbeing program.

Location: 87B Fahoud Street, Qurum, Muscat.

Telephone: +(968) 24567663

Email: love@dirainternational.com

Website: https://www.dirainternational.com/dira-kids.html

#### British Council

The British Council has been working in Oman since 1972 to develop the skills of young Omanis, support educational reform, and provide access to the UK's language, education and culture.

Tel:+968 80074326

Call from abroad:+20221601884 Fax: +968 2468 1090

Website: https://www.britishcouncil.om/en

# Services within the GCC

#### **Kidsfirst Medical Center**

KidsFIRST Medical Center was founded in 2006, With their establishment, both kidsFIRST Medical Center and the UAE government formalized an inclusive vision for children with learning difficulties and special needs throughout the UAE.

Since then, kids First's multi-disciplinary team of international pediatric medical center health professionals has worked with infants and children of all ages to ensure their academic, physical, and emotional growth. If you are a parent seeking help for your child, an educator looking to support your students, or a therapist with a passion to make a difference, welcome to kidsFIRST Medical Center.

#### Dubai

Location: Villa #1171A Al Wasl Road, Dubai P.O. Box 450233 **Telephone:** 04 348 (KIDS) 5437 Fax: 04 348 5436 E-mail: info@kidsFIRSTmc.com

#### Abu Dhabi

Location: Villa 135, Street 12 Khalifa City A, Abu Dhabi Telephone: 02 555 1437 E-mail:info@kidsFIRSTmc.com Website: https://www.kidsfirstmc.com/

# The Developing Child Centre (TDCC)

The Developing Child Centre (TDCC) provides support to families and children struggling with learning and/or differences. developmental 60 professionals. Building confidence. Enriching children's lives ages 1-18.



Empowering learning, academic, language, communication, fine & gross motor skills. Supported by psychology, behavior & therapy programs.

#### Location:

Al Manara, Umm Sugueim Dubai, United Arab Emirates **Telephone:** +971 43011900 Website: https://www.tdcc.ae/



#### Lighthouse Arabia

The LightHouse Arabia is a Dubai-based mental health and wellness clinic providing high quality outpatient services to children, adults, couples, and families. We help with a wide range of mental health and wellbeing challenges – from personal issues such as depression, anxiety, chronic stress, and addictions, to interpersonal issues such as conflict at work and marriage difficulties.

Location: Dubai (Jumeirah and Dubai Healthcare City).

**Tel:** +971 (0)4380 2088

Website: https://www.lighthousearabia.com/

#### Lexicon Reading Center

Location: Jumeirah Lakes Towers. HDS Business Center, Cluster M, 2501. United Arab Emirates, Dubai Tel: +971 507954428 / 45506339 Email: <u>info@lexiconreadingcenter.org</u> Website: www.lexiconreadingcenter.org

#### Al Jalila Children's Specialty Hospital

Al Jalila Children's is the first dedicated children's hospital in the United Arab Emirates. The hospital is a place where SMART technology and design converge to enhance patient care and outcomes.

Location: Al Jaddaf - Dubai United Arab Emirates Tel: +971 8002524 Website: https://www.aljalilachildrens.ae/

#### **Kuwait Dyslexia Association**

Location: Al-Omariya, Block 4, Street Al-Omariya, Building 4, Kuwait Tel: +965 24757986/84 Website: <u>www.q8da.com</u> Facebook: <u>www.q8da.com/facebook</u>







## The Child Guidance Clinic (CGC)

The Child Guidance Clinic (CGC), UAE, is a multidisciplinary team of professionals (psychiatrists, physician, educational psychologist, social worker, special educator & language pathologist) working together towards the cause of children with developmental disabilities.

Location: Habib AG Zurich Building, Bank Street, Rolla,

Sharjah, United Arab Emirates (UAE)

Email: cgmcsharjah@peejays.in

Website: <a href="https://peejays.in/child-guidance-clinic-uae.html">https://peejays.in/child-guidance-clinic-uae.html</a>